

**13<sup>th</sup> Annual CIS Track & Field Event  
Registration Packet**

<b>Event date:</b>	Saturday, April 25, 2020
<b>Registration opens:</b>	Friday, January 31, 2020
<b>Registration closes:</b>	Friday, April 10, 2020
<b>Event location:</b>	Killeen High School – Leo Buckley Stadium 500 N. 38 <sup>th</sup> Street, Killeen, Texas 76543
<b>Registration Fee:</b>	None
<b>Admission Fee:</b>	Adults: \$2; School-aged children: \$1 ( <b>Cash only</b> )
<b>Check-in begins:</b>	8:00AM
<b>Event ends:</b>	Approx. 1:30PM

***Races set to begin promptly at 8:30AM***

**Details:**

- This event is for CIS students who are in grades 1 through 6.
- Students will be allowed to participate in no more than 2 running events and 1 field event.
- Tug-O-War is its own event.
- Coaching/Supervision during the event will be provided by CIS Staff & Volunteers.
- Volunteers with ISD background checks are welcomed. Contact your Site Coordinator for more details.

**Events Info:**

**400M Dash** Grades 5<sup>th</sup> and 6<sup>th</sup> only  
**200M Dash** Grades 3<sup>rd</sup>, 4<sup>th</sup>, 5<sup>th</sup>, and 6<sup>th</sup> only  
**100M Dash** All Grades  
**50M Dash** All Grades

**Sack Races** Grades 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> only  
**Long Jump** Grades 4<sup>th</sup>, 5<sup>th</sup>, and 6<sup>th</sup> only

**Tug-O-War** All Grades (Elementary School vs. Elementary School and Middle School vs. Middle School)

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### EVENT INFORMATION FOR PARENTS/GUARDIANS & CIS SITE COORDINATORS

#### I. Registration

- a. Participants must be enrolled in Communities In Schools
- b. Participants must complete and return a signed Participant Registration Form to their campus Site Coordinator.
- c. Signed *Participant Registration Forms* must be submitted to the CIS Central Office by **April 10, 2020. Limit of 35 participants per campus. (First come, first served)**
- d. Participants will receive a nametag from their CIS Site Coordinator once registration is approved.
- e. Nametags must be worn by each participant for the entire event.
- f. CIS Staff will be contacted when name tags are ready for pick-up from Central Office.
- g. Nametags must be returned to the Central Office within 72 hours after the event.

#### II. Safety & Security

- a. Killeen Independent School District (KISD) Security Officer(s) will be on the premises during this event.
- b. Each CIS Site Coordinator will work to ensure the safety of all event participants during the event.
- c. Parents/Guardians will be responsible for coordinating their student participant's arrival and departure to and from the event location.
- d. To ensure participant safety, spectators including parents/guardians will not be allowed in the student participant stands with athletes.

#### III. Equipment

- a. Starting blocks will not be available.
- b. Sacks will be provided for the sack race.
- c. Tennis shoes/sneakers are required.
- d. Spiked/metal cleats are **NOT** allowed.

#### IV. Tug-O-War

- a. This will be the first event to take place.
- b. Bracketed event.
- c. Sign-up is **by campus**.
- d. All participants must be present at the start of the competition.
- e. Middle schools may have **up to five (5) participants**.
  - i. If a team fields fewer than five (5) students, they will have to compete with fewer students than other teams.
- f. Elementary schools may have **up to ten (10) participants**.
  - i. If a team fields fewer than 10 students, they will have to compete with fewer students than other teams.
- g. Participants can only compete with their **assigned campus**.
- h. One elementary school campus champion will receive a trophy.
- i. One middle school campus champion will receive a trophy.

#### V. Running Events

- a. Participants will compete by grade and gender.
- b. Races will begin with the 400-Meter Dash.
- c. The final race will be the 50-Meter Dash.

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### **VI. Long Jump**

- a. Each athlete is allowed 2 jumps.
- b. Longest jump will be recorded.
- c. Jump is measured where the heel lands.
- d. If there is a tie, there will be a jump off.

### **VII. Point/Scoring System**

- a. Points are not awarded by each race finish time.
- b. Points are awarded by overall event grade and gender finish times.
  - i. 1st Place (3 points)
  - ii. 2nd Place (2 points)
  - iii. 3rd Place (1 points)

### **VIII. Overall point totals:**

- a. Top three elementary schools will receive a trophy.
- b. Top three middle schools will receive a trophy.

### **IX. Awards**

- a. Once student participant times are entered into the system, awards will be distributed. Normally, within one week. All athletes will receive certificates and participation ribbons.
- b. Top three performers in **each** grade level will receive certificates and either 1<sup>st</sup>, 2<sup>nd</sup>, or 3<sup>rd</sup> place ribbons.

### **X. Volunteers**

- a. ***All volunteers must undergo a school district background check. No exceptions.***
- b. Volunteers must also complete and submit a CIS Volunteer Application by Wednesday, **April 10, 2020**.
- c. Volunteers will be provided with a “color of the day” wristband by the campus Site Coordinator.
- d. Wristbands must be worn for the entirety of the event.

### **XI. Refreshments**

- a. All food must be brought in to the event at the time of arrival.
- b. No food deliveries will be permitted at the event.
- c. Food and drink will be provided to athletes by their respective CIS Site Coordinator(s) and campus volunteer(s).
- d. Only water is allowed on the field.
- e. Water buffalos will be stationed at opposite ends of the field.
- f. Concession stand will be available to anyone with money.
- g. Outside food and drinks will not be allowed on track or field.
- h. There will be a labeled designated area in the stands for each participating campus.
- i. CIS Site Coordinators and their campus volunteers will be responsible for clean-up of the stands and grounds at the conclusion of the event.

**CAMPUS:** \_\_\_\_\_

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**PARTICIPANT REGISTRATION FORM**

**To be completed by CIS Site Coordinator & Signed by Parent/Guardian (Please print legibly)**

**When:** Saturday, April 25, 2020  
**Where:** Killeen High School – Leo Buckley Stadium  
**Registration Fee:** None  
**Admission Fee:** Adults: \$2; School-aged children: \$1 (**Cash only**)  
**Check-in begins:** 8:00AM  
**Event ends:** Approx. 1:30PM

Child's Name: \_\_\_\_\_ Grade: \_\_\_\_\_ Gender: \_\_\_\_\_ M \_\_\_\_\_ F

Parent/Guardian: \_\_\_\_\_ Phone #: \_\_\_\_\_

**Additional Emergency Contact (if any):**

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone #: \_\_\_\_\_

**Participants can participate in up to (2) running events and (1) field event. Please check the events in which you wish to participate.**

**Be sure to check no more than two (2) running events and/or one (1) field event for your grade level.**

<b>Grade 1</b>	<b>Grade 2</b>	<b>Grade 3</b>	<b>Grade 4</b>	<b>Grade 5</b>	<b>Grade 6</b>
<input type="checkbox"/> 50-Meter	<input type="checkbox"/> 50-Meter	<input type="checkbox"/> 50-Meter	<input type="checkbox"/> 50-Meter	<input type="checkbox"/> 50-Meter	<input type="checkbox"/> 50-Meter
<input type="checkbox"/> 100-Meter	<input type="checkbox"/> 100-Meter	<input type="checkbox"/> 100-Meter	<input type="checkbox"/> 100-Meter	<input type="checkbox"/> 100-Meter	<input type="checkbox"/> 100-Meter
<input type="checkbox"/> Sack Race	<input type="checkbox"/> Sack Race	<input type="checkbox"/> 200-Meter	<input type="checkbox"/> 200-Meter	<input type="checkbox"/> 200-Meter	<input type="checkbox"/> 200-Meter
<input type="checkbox"/> Tug-O-War	<input type="checkbox"/> Tug-O-War	<input type="checkbox"/> Sack Race	<input type="checkbox"/> Long Jump	<input type="checkbox"/> 400-Meter	<input type="checkbox"/> 400-Meter
		<input type="checkbox"/> Tug-O-War	<input type="checkbox"/> Tug-O-War	<input type="checkbox"/> Long Jump	<input type="checkbox"/> Long Jump
				<input type="checkbox"/> Tug-O-War	<input type="checkbox"/> Tug-O-War

**Parent/Guardian Consent and Release of Liability**

I, \_\_\_\_\_ give my child, \_\_\_\_\_ permission to  
(Printed Name of Parent/Guardian) (Printed Name of Child)  
 participate in the **13<sup>th</sup> Annual CIS Track & Field Event** at Killeen High School's Leo Buckley Stadium on Saturday, April 25, 2020.

1. I certify that my child does not have any medical conditions that limit or prevent my child's safe participation in the event's activities and that my child is physically able to compete in this event.
2. In case of an accident, I waive my right to proceed with legal action against Communities In Schools (CIS) and any school district served by CIS (Killeen ISD, Temple ISD, Salado ISD, Copperas Cove ISD, and Belton ISD).
3. I authorize Communities In Schools to secure any emergency treatment deemed necessary and release Communities In Schools and any school district served by CIS from any and all claims and medical bills which may be sustained by my child while attending the CIS Track & Field Event.
4. I understand my child is allowed to participate in no more than 2 running events and 1 field event and that my child must compete in his/her own grade level.
5. I acknowledge that Communities In Schools strongly recommends my child stay for the entirety of the event in order to ensure maximum participation and safety.

**Signature of Parent/Guardian:** \_\_\_\_\_ **Date:** \_\_\_\_\_