



ENRICHMENT CLASSES

February 24-April 17, 2020 3:00 pm- 4:00 pm

Children Ages 4-6

Mondays: Chef's Club

Instructor: Debbie Liebowitz



Creating and eating healthy foods, with a few sweet treats once in a while, will be our menu for this session! As the children don their own chef hats, they will learn how science is part of baking and cooking. Lots of kitchen terms will be introduced as they wash, chop, dice, mix, stir and pour their way, using their five senses, to yumminess! Expect a recipe collection so your children can show you how to recreate their favorites!

Tuesdays: Mindful Kids

Instructor: Leda Elliott



This class is a fun and interactive introduction to mindfulness designed to help teach children mind-body awareness, self-regulation, and calm listening skills. Miss Leda will use storytelling, puppets, and props to teach the children deep breathing and mediation techniques in combination with tai chi.

****Please have your child bring their own yoga mat or towel for class.***

Wednesdays: Art Masterpieces

Instructor: Dee Burgett



This program will introduce children to great artists and their artworks through images and inspiring stories. The children will then create their own masterpieces in the styles of great masters, using similar materials and techniques. They will make artworks in 2 and 3 dimensions, including, but not limited to, paintings, prints, drawings, sculpture and mixed media pieces. Throughout the creative process, the children will be encouraged to explore and experiment with materials and techniques to discover new possibilities for self expression.

Thursdays: Lego Literature

Instructor: Letty Kerai



Have you ever listened to a story and then wanted to create what you heard or read about in the story? Every week we will build with legos based upon the story that is read. It will be a fantastic way to explore and create with legos through your visual imagination.

Fridays: Open Playtime

Instructor: Samantha Ford



After a busy week, what's better than some fun open playtime? Children will have an opportunity to explore materials, play games, and enjoy open play time on the playground and in the classrooms. This is not a drop-in class, parents would need to register for the session.