

Beaver Dam Family Center COVID-19 Policy

All Facility Users (Hockey, Figure Skating, Public Open Skates, Skating Classes)

1. The Beaver Dam Family Center is currently following the CDC guidelines for Covid 19. Please be advised that these recommendations are subject to change. Click on the link below for more information.
<https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/outdoor-activities.html>
2. Any adult or youth who are non-vaccinated entering the Family Center facility are *encouraged* to wear a face mask while in the facility. Masks are not required for fully vaccinated people.
3. Masks are required by all persons participating in any U.S Figure Skating sanctioned events.
 - a. Please visit <https://www.usfigureskating.org/coronavirus> for the complete guidance.
4. Social distancing of 6 ft. is encouraged" at all times (on ice and off). Total allowed capacity is 750. Social distancing is encourage from non-household members
5. Children should remain seated with their family. If you have a child that is unable to do that for a long period of time, please consider leaving them home. All children over the age of 2 are encouraged to mask if they are not vaccinated.
6. Live Barn is available for those that wish to view on-ice activities using this online subscription.
7. Skaters should enter the building no sooner than 30 minutes before ice times or public open skates begin.
8. Skaters should bring their own labeled water bottle. Sharing of water bottles is highly discouraged.
9. Everyone should be washing hands often with soap and water for at least 20 seconds, especially after blowing nose, coughing, or sneezing. Hand sanitizer is acceptable if your hands are not visibly soiled. Please cover your mouth and nose with a tissue when you cough or sneeze or use the inside of your elbow and throw used tissues in the trash.
10. **The Family Center and SCIS reserve the right to rescind this privilege if ru les aren't being followed**
11. Please stay home if you have any flu or COVID-19 symptoms, such as fever > 100.0 F°, cough, sore throat, fatigue, chills, or shortness of breath.
12. COVID exposure or a positive test – see below

COVID EXPOSURE – WHAT TO DO IF YOU HAVE BEEN EXPOSED or TESTED POSITIVE

***This excludes people who have had COVID-19 within the past 3 months or If you're fully vaccinated. You must be 2 weeks post your second dose in a 2-dose series, such as the Pfizer or Moderna vaccines, or 2 weeks after a single-dose vaccine, such as Johnson & Johnson's Janssen vaccine) ***

Close contact includes scenarios like living with or caring for a person with confirmed COVID-19, being within six feet of a person with confirmed COVID-19 for about 15 minutes over a 24 hour period (with or without a mask), within 2 days before illness onset or 2 days prior to the specimen collection for anyone who is asymptomatic.

1. **I had close contact with someone with COVID-19 but am not sick.**
 - o Stay home for 10 days from the Family Center.
 - o Individuals should home quarantine for a period of 10 days from the date of last contact or exposure with the ill individual. **Continue to monitor your health for fever, cough, and shortness of breath for the full 14 days after your last contact with the sick person. Adhere strictly to all recommended non-pharmaceutical interventions, (i.e., consistent**

mask use, social distancing, and avoiding gatherings) for the full 14 days after exposure.

- Consider being tested for COVID-19 after exposure. Some people have the virus but don't have symptoms, so they only way to know for sure is to test. **Even if you have a negative test, you still need to stay home for 10 days and monitor yourself for 14 days.**

2. I had close contact with someone who has COVID-19 and am sick.

- If you are sick with COVID-19 symptoms , even if your symptoms are mild, isolate yourself.
- Call your health care provider and tell them you have symptoms of COVID-19 and were exposed to someone with a positive test.

3. I am positive for COVID-19

- Athletes will be isolated from the rink immediately. Athletes can return to rink functions 10 days after symptom onset and at least 24 hours after have passed since the resolution of symptoms. For asymptomatic positives they may return to the rink 10 days after date of the test.
- You must not return to Family Center until you have been cleared by Public health to return to normal activity in the community.
- Immediate family members, players, or coaches who have been exposed must quarantine for 10 days since **last exposure** to COVID positive person and monitor for symptoms for the full 14 days. Return dates will be determined by public health.

CLEANING GUIDELINES

1. The Zamboni must be disinfected after each use.
2. The rink area will be cleaned and disinfected at the end of all programming for the current day.
3. Looker rooms will be cleaned and disinfected prior to the start of daily programming, every two uses and prn.
4. Bathrooms will be disinfected at least twice daily or prn. (e.g., door handles, sink surface, and faucet handles).