

Senior Center Newsletter

Age Confidently... Age Comfortably... Age Creatively

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NEW CENTER HOURS

*Monday - Friday
8:00 AM - 4:30 PM
Saturday & Sunday
Closed*

SENIOR CENTER STAFF

*Executive Director
Beverly Lewis*

*Financial Clerk
Karen Frazier*

*Office Assistant
Shirley Blassingame*

*Janitor
Joseph Jones*

Mission Statement

*The Mission of the
Hasselbring Senior Center is
to provide programs,
activities, and services to
promote health, safety, and
dignity enabling seniors to
remain independent in the
community.*

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Halloween Fun/Membership Drive

Put on the Halloween Spirit and join the all day fun Tuesday, October 31st. Wear your costumes, Trick or Treat and help welcome in prospective members as part of our Membership Drive for the new fiscal year.

Win With Everyone Bring One

It's recruitment season for seniors and we need your help. We are asking all members to invite a family member or friend to come out, register and join us for our many activities and programs. October new enrollee recruiters will be eligible to win a \$\$\$ gift which will be drawn on Tuesday, October 31st at 4:00 p.m.

Volunteer Opportunities

We are looking for volunteers to assist us at Hasselbring. Please stop by our office or give us a call for more details 810-766-9516.

Snow Removal

We are currently seeking bids for snow removal and salting of our center parking lot and sidewalks. Please send official bids by fax, email or US mail. See contact information above.

SAVE THE DATES

Veterans Services

John Nelson, Deputy Director will be at the center to file claims for compensation and answer any questions on Wednesday, October 11th at 9:30 am.

Blood Pressure Clinic

Thur. October 5th & 19th @ 11am
Guardian Angels.

Tues., October 10th @ 10am
Shirley Collins, RN.

Wed., October 11th & 27th @ 11 am
LaMuriel Lewis, RN.

Hasselbring Board Meeting

Tuesday, October 10, 2017, 1:00pm
President - Percy Knapp
Vice President - Bonnie Grass
Treasurer - Norma Allen
Asst. Treasurer - Patricia Cornelius
Sergeant at Arms - William Whitaker

Water Filter Distribution

Hasselbring Senior Center does have water filters and cartridges for residents who need a replacement.

Hours for pick-up are on
Wednesdays 9:00-2:30 pm.

We also have
Water Recycling Information

Senior Boxes

Please pick-up your
Box on the 4th Friday,
October 27, 2017

Do you need a ride?

**Free transportation is available to
and from Hasselbring Senior
Center.**

Call MTA

810-767-5541

COME AND ENJOY!!!

Faucet Repair/Replacement Program
Be on the ☺☺ for October Dates!!!

Beginner Chess Class

Starts Friday, October 6th from 1:00-3:00 pm.

Connecting Medicare & Medicaid

With Representative Akil Adams
on Tuesdays, October 2nd, 16th, and 30th
from 12:00-2:00 p.m.

Hand-Knee-Foot Classes

Have begun on Wednesdays @1pm. Come out,
Learn to play and join the Hasselbring team for
the Winter Olympic games

Fire Prevention Month

October is National Fire Prevention Month, a time when we should all be aware of ways to help learn fire safety and prevention. According to Department of Homeland Security Federal Emergency Management Agency (FEMA), most Americans underestimate their risk for fire, and many either lack emergency response plans – or fail to practice them with fire drills.

Hasselbring will conduct fire and tornado drills beginning in October. The first and only set of announced drill will be held on Monday, October 2nd morning and afternoon. Exact time will be announced at a later date.

Free Dental Health Cleaning for Seniors!

Mott Community College - 1401 E. Court St. Flint
Call to schedule an appointment: 810-762-0493
Call for Free Transportation: 810-249-0833

Come and enjoy socializing with our seniors.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2. 8:30-4:30 Board Games 9:00-10:00 Enhanced Fitness 10:00-11:30 Bingo 11:00-2:00 Sewing 2:00-4:15 Hustle Class</p> <p>Oven Fried Chicken</p>	<p>3. 8:30-4:30 Board Games 9:00-10:00 Tai Chi 10:00-11:30 Bingo 10:00-12:00 Bible Study 2:00-4:15 Hustle</p> <p>Salisbury Beef</p>	<p>4. 8:30-4:30 Board Games 9:00-10:00 Enhanced Fitness 10:00-11:30 Bingo 10:00-12:00 Computer 1:00-3:00 Be Dazzled 1:00-3:00 Hand-Knee-Foot</p> <p>Chicken Teriyaki</p>	<p>5. 8:30-4:30 Board Games 10:00-11:30 Bingo 10:00-12:00 Computer 12:00-2:00 Jewelry 1:00-4:00 Bid Whiz</p> <p>Grilled Chicken Breast</p>	<p>6. 8:30-4:30 Board Games 9:00-10:00 Enhance Fitness 10:00-11:30 Bingo 10:00-12:00 Computer 1:00-3:00 Ballroom</p> <p>Baked Tilapia</p>
<p>9. 8:30-4:30 Board Games 9:00-10:00 Enhanced Fitness 10:00-11:30 Bingo 11:00-2:00 Sewing 2:00-4:15 Hustle Class</p> <p>BBQ Pulled Pork</p>	<p>10. 8:30-4:30 Board Games 9:00-10:00 Tai Chi 10:00-11:30 Bingo 10:00-12:00 Bible Study 2:00-4:15 Hustle</p> <p>Baked Veal Steak w/ Tomato</p>	<p>11. 8:30-4:30 Board Games 9:00-10:00 Enhanced Fitness 10:00-11:30 Bingo 10:00-12:00 Computer 1:00-3:00 Be Dazzled 1:00-3:00 Hand-Knee-Foot</p> <p>Creole Steak In Sauce</p>	<p>12. 8:30-4:30 Board Games 10:00-11:30 Bingo 10:00-12:00 Computer 12:00-2:00 Jewelry 1:00-4:00 Bid Whiz</p> <p>Country Style Chicken</p>	<p>13. 8:30-4:30 Board Games 9:00-10:00 Enhance Fitness 10:00-11:30 Bingo 10:00-12:00 Computer 1:00-3:00 Ballroom</p> <p>White Chicken Chili</p>
<p>16. 8:30-4:30 Board Games 9:00-10:00 Enhanced Fitness 10:00-11:30 Bingo 11:00-2:00 Sewing 2:00-4:15 Hustle Class</p> <p>Chicken & Dumplings</p>	<p>17. 8:30-4:30 Board Games 9:00-10:00 Tai Chi 10:00-11:30 Bingo 10:00-12:00 Bible Study 2:00-4:15 Hustle</p> <p>Char Steak In Broth</p>	<p>18. 8:30-4:30 Board Games 9:00-10:00 Enhanced Fitness 10:00-11:30 Bingo 10:00-12:00 Computer 1:00-3:00 Be Dazzled 1:00-3:00 Hand-Knee-Foot</p> <p>Pub Burger/Cheese</p>	<p>19. 8:30-4:30 Board Games 10:00-11:30 Bingo 10:00-12:00 Computer 12:00-2:00 Jewelry 1:00-4:00 Bid Whiz</p> <p>Breaded Turkey Cutlet</p>	<p>20. 8:30-4:30 Board Games 9:00-10:00 Tai Chi 10:00-11:30 Bingo 10:00-12:00 Bible Study 1:00-3:00 Ballroom Class</p> <p>Stuffed Pepper In Sauce</p>
<p>23. 8:30-4:30 Board Games 9:00-10:00 Enhanced Fitness 10:00-11:30 Bingo 11:00-2:00 Sewing 2:00-4:15 Hustle Class</p> <p>Steak Pattie w/Gravy</p>	<p>24. 8:30-4:30 Board Games 9:00-10:00 Tai Chi 10:00-11:30 Bingo 10:00-12:00 Bible Study 2:00-4:15 Hustle Class</p> <p>Bean Soup w/Turkey</p>	<p>25. 8:30-4:30 Board Games 9:00-10:00 Enhanced Fitness 10:00-11:30 Bingo 10:00-12:00 Computer 1:00-3:00 Be Dazzled 1:00-3:00 Hand-Knee-Foot</p> <p>BBQ Pulled</p>	<p>26. 8:30-4:30 Board Games 10:00-11:30 Bingo 10:00-12:00 Computer 12:00-2:00 Jewelry 1:00-4:00 Bid Whiz</p> <p>Pork Chop w/Gravy</p>	<p>27. 8:30-4:30 Board Games 9:00-10:00 Enhance Fitness 10:00-11:30 Bingo 10:00-12:00 Computer 1:00-3:00 Ballroom</p> <p>Vegetable Lasagna</p>
<p>30. 8:30-4:30 Board Games 9:00-10:00 Enhanced Fitness 10:00-11:30 Bingo 11:00-2:00 Sewing 2:00-4:15 Hustle Class</p> <p>Beef Stew</p>	<p>31. 8:30-4:30 Board Games 9:00-10:00 Tai Chi 10:00-11:30 Bingo 10:00-12:00 Bible Study 2:00-4:15 Hustle Class</p> <p>Pepper Steak</p>			

Flint Seniors Matter!

Seniors (60 & Over) affected by Flint's Water Crisis

Attend these events for support and up-to-date information.

Thursday, October 19, 2017 - 12:30-3PM

Central Church of the Nazarene, 1261 W. Bristol Rd.

First 200 seniors in attendance at each event will receive a grocery gift card.

There will be information and resources, with updates on water pipe replacements, presentations, cooking demos with samples, and food packages available while they last.

Sponsors: Valley Area on Aging and Charles Stewart Mott Foundation.

THIS PROGRAM AND/OR SERVICE IS FULLY OR PARTIALLY FUNDED BY GENESEE COUNTY SENIOR MILLAGE FUNDS. YOUR TAX DOLLARS ARE AT WORK!

The Hasselbring Senior Center
1002 W. Home Avenue
Flint, Michigan 48505