

## CONGREGATE MEAL MENU - JULY 2017

Menu is subject to change. All milk is 1% or low-fat. This institution is an equal opportunity provider and employer.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p style="text-align: right;">3</p> <p>Pulled BBQ Chicken Ranch Potato Wedges Green Beans Whole Grain Bun Green Grapes Bunch Milk</p>	<p style="text-align: right;">4</p> <div style="text-align: center;">  </div>	<p style="text-align: right;">5</p> <p>Grilled Turkey Burger Leaf Lettuce &amp; Sliced Tomatoes Sweet Potato Puffs Wheat Bun Mayo &amp; Mustard Honey Dew Melon Milk</p>	<p style="text-align: right;">6</p> <p>Meatball Sub Sandwich W/Swiss Cheese Baby Carrots Key West Vegetables Fresh Peach Sub Bun Milk</p>	<p style="text-align: right;">7</p> <p>Baked Cod w/ Lemon Juice Au Gratin Potatoes Cole Slaw Corn Muffin Margarine Golden Apple Milk</p>
<p style="text-align: right;">10</p> <p>Pub Burger w/Cheese Broccoli Florets Mixed Vegetables Whole Wheat Bun Tropical Fruit Salad Milk</p>	<p style="text-align: right;">11</p> <p>Chunky Tuna Salad Green Leaf Lettuce Sliced Tomatoes Marinated Beet Salad Fresh Banana Milk</p>	<p style="text-align: right;">12</p> <p>Chicken Tenderloins w/Sauce French-Style Green Beans Belgian Carrots Potato Roll w/Margarine Fresh Blackberries Milk</p>	<p style="text-align: right;">13</p> <p>Vegetable Lasagna Cozumel Vegetable Blend Tossed Salad w/Tomatoes Fresh Plum Potato Roll Margarine Milk</p>	<p style="text-align: right;">14</p> <p>Philly Steak w/Cheese Potato wedges Vegetables blend Wheat Sub Bun Pineapple Slices Milk</p>
<p style="text-align: right;">17</p> <p>Sloppy Joe Diced Potatoes Winter Blend Vegetables Wheat Bun Golden Apple Milk</p>	<p style="text-align: right;">18</p> <p>Home Made Chicken Salad Tossed Salad W/Cherry Tomatoes Three Bean Salad Fresh Fruit Salad Sliced Wheat Croissant Milk</p> <div style="text-align: center;">  </div>	<p style="text-align: right;">19</p> <p>Salisbury Steak w/Gravy Mashed Potatoes Kyoto Vegetable Blend Hawaiian Dinner Roll Margarine Fresh Plum Milk</p>	<p style="text-align: right;">20</p> <p>Spaghetti &amp; Meatballs In Sauce Italian Mixed Vegetables Green Beans Sliced Italian Bread Margarine Sliced Pears Milk</p>	<p style="text-align: right;">21</p> <p>Chicken Breast Redskin Potato Salad European Vegetables Wheat Bun Diced Peaches Milk</p>
<p style="text-align: right;">24</p> <p>Boneless Chicken Wings Whole Kennel Corn Green Beans Potato Roll w/Margarine Fresh Peach Milk</p>	<p style="text-align: right;">25</p> <p>Beef Pasty w/Gravy Sliced Carrots Tossed Salad Salad Dressing Fresh Orange Milk</p>	<p style="text-align: right;">26</p> <p>Chicken Philly w/Cheese Redskin Potato Salad Green Beans Wheat Sub Bun Fresh Pear Milk</p>	<p style="text-align: right;">27</p> <p>BBQ Turkey Burger Pasta Vegetable Salad Green Beans Fresh Fruit Salad Hamburger Bun Mayo &amp; Mustard Milk</p>	<p style="text-align: right;">28</p> <p>Baked Macaroni &amp; Cheese Vegetable blend Stewed Tomatoes Fresh Banana Potato Rolls Margarine Milk</p>
<p style="text-align: right;">31</p> <p>Ravioli W/Beef &amp; Sauce Italian Blend Vegetables Corn &amp; Black Bean Bread Sticks Margarine Fresh Strawberries Milk</p>				