

Hasselbring

July 2017

Age Confidently... Age Comfortably... Age Creatively

1002 W. Home Avenue • Flint, MI 48505 • Phone: 810-766-9516 • Fax: 810-221-7893
Website: www.hasselbringseniorcenter.com • Email: hasselbring1002@gmail.com

NEW CENTER HOURS

Monday – Friday
8:00 AM – 4:30 PM
Saturday & Sunday
Closed

SENIOR CENTER STAFF

Executive Director
Mary Hicks-Tibbs

Office Assistant
Shirley Blassingame

Janitor
Joseph Jones

Mission Statement

The Mission of the Hasselbring Senior Center is to provide programs, activities, and services to promote health, safety, and dignity enabling seniors to remain independent in the community.

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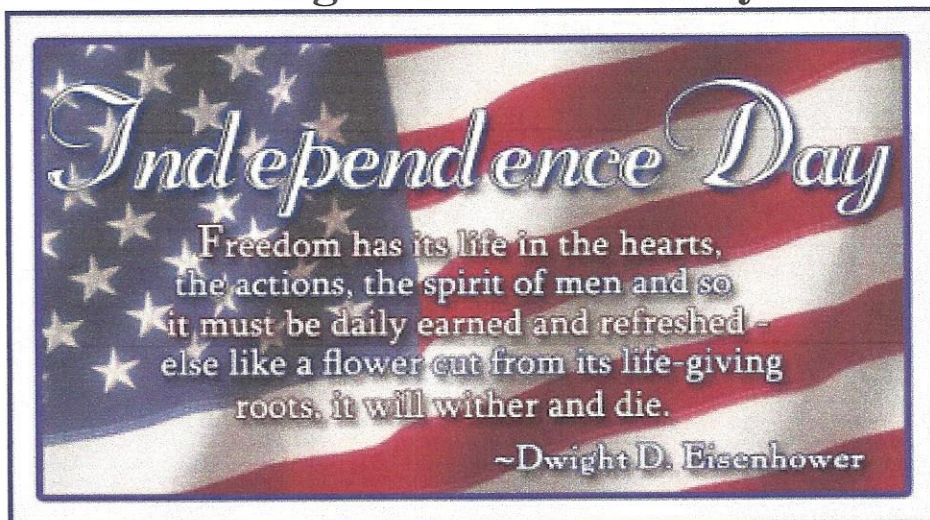
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Center Closed
Tuesday, July 4

Hasselbring will be closed July 4th



Celebrate with Your Family

My Senior Center

Please remember to scan in each time you come to the center. Check every activity you will be participating in but only those activities. Accurate participation reports are very important to us and the County. Thank you!

Calling all Seniors

We look forward to having you participate in our various activities that will help your body function better while getting through this water crisis.

Volunteer Opportunities!

We are looking for volunteers to assist us at Hasselbring. Please stop by our office or give us a call for more details. 810 -766-9516

SAVE THE DATES

Veterans Services

John Nelson, Deputy Director will be at the center to file claims for compensation and answer any questions on Tues., July 11th @ 9:30 am.

Hasselbring Board Meeting

Tues. July 11, 2017, 1pm
 President - Percy Knapp
 Vice President - Bonnie Grass
 Secretary -.Debra Gilbert
 Treasurer - Norma Allen
 Asst. Treasurer -.Patricia Cornelius
 Sergeant at Arms-William Whitaker

Blood Pressure Clinic

Tues. July 11, @ 10 am
 Shirley Collins, RN.

We are looking for a nurse who is willing to volunteer to take blood pressures for our Seniors. Call 810-766-9516

Water Filter Distribution

Hasselbring Senior Center does have water filters and cartridges for residents who need a replacement. Hours for pick-up are on Wednesday 9:00 -2:30 pm.

We also have :

- Water Recycling Information

COME AND ENJOY!!!

Do you need a ride?
 Free transportation to and from Hasselbring Senior Center. Call MTA
810-767-5541

Senior Boxes

Please pick-up your Box on 4th Friday
July 28, 2017

Save the Date , Plan to attend
Senior Day at the Genesee County Fair
Tuesday, August 22, (9:00 am to 2:00 pm)
Parking & Admission are Free

All activities under the community tent are free!
Coffee & Donuts, Entertainment all morning, Door Prizes.
Wagon rides, afternoon Games, and all the Many Genesee County Fair Activities and Exhibits to Explore!

Hasselbring Senior Center will have Free Parking Passes.

Senior Project Fresh Farmer Market
coupons are Available at Hasselbring while they last.

Tai Chi

We would like to see more Seniors participate in our
 "Morning Movement" Class Tues. 9 -10 am.



Come and enjoy socializing with our seniors.
Free Dental Health Cleaning for Seniors!
 Mott community College-1401 E. court St. Flint, Mi.
 Call to schedule an appointment: 810-762-0317
Free Transportation: 810 249 0833

Mon	Tues	Wed	Thurs	Fri
<p>3. 8:30-4:30 Board Games 9:00-10:00 Enhanced Fitness 10:00-11:30 Bingo 11:00-2:00 Sewing 2:00-4:15 Hustle Class</p> <p>Pulled BBQ Chicken</p>	<p>4. <i>Closed.</i></p>  <p>Happy 4th of July!</p>	<p>5. 8:30-4:30 Board Games 9:00-10:00 Enhanced Fitness 10:00-11:30 Bingo 10:00-12:00 Computer</p> <p>Grilled Turkey Burger</p>	<p>6. 8:30-4:30 Board Games 10:00-11:30 Bingo 10:00-12:00 Computer 12:30-2:00 Arts & Crafts</p> <p>Meatball Sub Sandwich</p>	<p>7. 8:30-4:30 Board Games 9:00-10:00 Enhance Fitness 10:00-11:30 Bingo 10:00-12:00 Computer 1:00-2:00 Ballroom</p> <p>Baked Cod</p>
<p>10. 8:30-4:30 Board Games 9:00-10:00 Enhanced Fitness 10:00-11:30 Bingo 11:00-2:00 Sewing 2:00-4:15 Hustle Class</p> <p>Pub Burger w/ cheese</p>	<p>11. 8:30-4:30 Board Games 9:00-10:00 Tai Chi 10:00-11:30 Bingo 10:00-12:00 Bible Study 2:00-4:15 Hustle Class</p> <p>Tuna Salad</p>	<p>12. 8:30-4:30 Board Games 9:00-10:00 Enhanced Fitness 10:00-11:30 Bingo 10:00-12:00 Computer</p> <p>Chicken Tenderloins</p>	<p>13. 8:30-4:30 Board Games 10:00-11:30 Bingo 10:00-12:00 Computer 12:30-2:00 Arts & Crafts</p> <p>Veggie Lasagna</p>	<p>14. 8:30-4:30 Board Games 9:00-10:00 Enhance Fitness 10:00-11:30 Bingo 10:00-12:00 Computer 1:00-2:00 Ballroom</p> <p>Philly Steak</p>
<p>17. 8:30-4:30 Board Games 9:00-10:00 Enhanced Fitness 10:00-11:30 Bingo 11:00-2:00 Sewing 2:00-4:15 Hustle Class</p> <p>Sloppy Joe</p>	<p>18. 8:30-4:30 Board Games 9:00-10:00 Tai Chi 10:00-11:30 Bingo 10:00-12:00 Bible Study 2:00-4:15 Hustle</p> <p>Chicken Salad</p>	<p>19. 8:30-4:30 Board Games 9:00-10:00 Enhanced Fitness 10:00-11:30 Bingo 10:00-12:00 Computer</p> <p>Salisbury Steak</p>	<p>20. 8:30-4:30 Board Games 10:00-11:30 Bingo 10:00-12:00 Computer 12:30-2:00 Arts & Craft</p> <p>Spaghetti Meatballs</p>	<p>21. 8:30-4:30 Board Games 9:00-10:00 Enhance Fitness 10:00-11:30 Bingo 10:00-12:00 Computer 1:00-2:00 Ballroom</p> <p>Chicken Breast</p>
<p>24. 8:30-4:30 Board Games 9:00-10:00 Enhanced Fitness 10:00-11:30 Bingo 11:00-2:00 Sewing 2:00-4:15 Hustle Class</p> <p>Chicken wings</p>	<p>25. 8:30-4:30 Board Games 9:00-10:00 Tai Chi 10:00-11:30 Bingo 10:00-12:00 Bible Study 2:00-4:15 Hustle Class</p> <p>Beef Pasty</p>	<p>26. 8:30-4:30 Board Games 9:00-10:00 Enhanced Fitness 10:00-11:30 Bingo 10:00-12:00 Computer</p> <p>Chicken Philly</p>	<p>27. 8:30-4:30 Board Games 10:00-11:30 Bingo 10:00-12:00 Computer 12:30-2:00 Arts & Crafts</p> <p>BBQ Turkey</p>	<p>28. 8:30-4:30 Board Games 9:00-10:00 Enhance Fitness 10:00-11:30 Bingo 10:00-12:00 Computer 1:00-2:00 Ballroom</p> <p>Mac & Cheese</p>
<p>31. 8:30-4:30 Board Games 9:00-10:00 Enhanced Fitness 10:00-11:30 Bingo 11:00-2:00 Sewing 2:00-4:15 Hustle Class</p> <p>Ravioli</p>				

Flint Seniors Matter!

Seniors (60 & Over) affected by Flint's Water Crisis

Attend one of three events for support and up-to-date information.

Friday	Wednesday	Thursday
July 21, 2017	August 23, 2017	Sept. 28, 2017
12:30-3pm	12:30-3pm	12:30-3pm
Calvary Church 2111 Flushing Rd. Flint, Mi.	Brennan Senior Center 1301 Pingree Ave. Flint, Mi.	Asbury Church 1653 Davison Rd. Flint, Mi.

First 200 seniors in attendance at each event will receive a grocery gift card. There will be Information and resources, with updates on water pipe replacements, Presentations, Cooking Demos, and Food Packages while they last.

Sponsors: Valley Area on Aging And Charles Stewart Mott Foundation

THIS PROGRAM AND/OR SERVICE IS FULLY OR PARTIALLY FUNDED BY GENESEE COUNTY SENIOR MILLAGE FUNDS. YOUR TAX DOLLARS ARE AT WORK!

The Hasselbring Senior Center
1002 W. Home Avenue
Flint, Michigan 48505