

Hasselbring

June 2017

Age Confidently... Age Comfortably... Age Creatively

1002 W. Home Avenue • Flint, MI 48505 • Phone: 810-766-9516 • Fax: 810-221-7893
Website: www.hasselbringseiorcenter.com • Email: hasselbring1002@gmail.com

CENTER HOURS

Monday – Friday
8:00 AM – 4:30 PM
Saturday & Sunday
Closed

SENIOR CENTER STAFF

Executive Director
Mary Hicks-Tibbs

Office Assistant
Shirley Blassingame

Janitor
Joseph Jones

Mission Statement

The Mission of the Hasselbring Senior Center is to provide programs, activities, and services to promote health, safety, and dignity enabling seniors to remain independent in the community.

INSIDE THIS ISSUE

Save The Dates	Pg. 2
GCCARD Lunch	Pg. 3
	Pg. 4



Enjoy your Summer!!!

My Senior Center

Please remember to scan in each time you come to the center. Check every activity you will be participating in but only those activities. Accurate participation reports are very important to us and the County. Thank you!

Calling all Seniors

We look forward to having you participate in our various activities that will help your body function better while getting through this water crisis.

Volunteer Opportunities!

We are looking for volunteers to assist us at Hasselbring. Please stop by our office or give us a call for more details.

810-766-9516

SAVE THE DATES

Veterans Services

John Nelson, Deputy Director will be at the center to file claims for compensation and answer any questions on Tues., June 13th @ 9:30 am.

Hasselbring Board Meeting

Tues. June 13, 2017, 1pm
 President - Percy Knapp
 Vice President - Bonnie Grass
 Secretary -.Debra Gilbert
 Treasurer - Norma Allen
 Asst. Treasurer -.Patricia Cornelius
 Sergeant at Arms-William Whitaker

Blood Pressure Clinic

Tues. June 13, @ 10am
 Shirley Collins, RN.

We are looking for a nurse who is willing to volunteer to take blood pressures for our Seniors. Call 810-766-9516

Water Filter Distribution

Hasselbring Senior Center does have water filters and cartridges for residents who need a replacement. Hours for pick-up are on Wednesday 9:00-2:30 pm.

We also have :

[Water Recycling Information](#)

COME AND ENJOY!!!

Do you need a ride?
 Free transportation to and from Hasselbring Senior Center. Call MTA
810-767-5541

Senior Boxes

Please pick-up your
 Box on 4th Friday
June 23, 2017

To all Hasselbring Seniors

This is a list of your Advisory Board Members who are in charge of our fund raisers.

Addnetta McClinton, Mildred Jackson, Stan Turner, Gwen Wafford, Marva Johnson, Johnnie Etherly, Carolyn Mayo, Sandra August, Joyce Wilson, Glenas Roach, Mary Tibbs.

PLEASE SUPPORT OUR VARIOUS EVENTS!!!

We also have two part-time employees:

Ms. Shirley Blassingame, in the Office.
 Joseph Jones Jr., Custodian

Friends of Hasselbring Park Clean-up Mon.

June 12, 2017, 8:00-12:00pm

Volunteers needed.

Happy
Father's
 Day

Tai Chi

We would like to see more Seniors participate in our "Morning Movement" Class Tues. 9-10 am.

Come and enjoy socializing with our seniors.

Free Dental Health Cleaning for Seniors!

Mott community College-1401 E. court St. Flint, Mi.

Call to schedule an appointment: 810 762-0317

Free Transportation: 810 249 0833

Mon	Tues	Wed	Thurs	Fri
			1. 8:30-4:30 Board Games 10:00-11:30 Bingo 10:00-12:00 Computer 12:30-2:00 Arts & Crafts Grilled Turkey Burger	2. 8:30-4:30 Board Games 9:00-10:00 Enhance Fitness 10:00-11:30 Bingo 10:00-12:00 Computer 1:00-2:00 Ballroom Veal Steak w/ Sauce
5. 8:30-4:30 Board Games 9:00-10:00 Enhanced Fitness 10:00-11:30 Bingo 11:00-2:00 Sewing 2:00-4:15 Hustle Class Chicken Tenderloin	6. 8:30-4:30 Board Games 9:00-10:00 Tai Chi 10:00-11:30 Bingo 10:00-12:00 Bible Study 2:00-4:15 Hustle Class Pork Chop	7. 8:30-4:30 Board Games 9:00-10:00 Enhanced Fitness 10:00-11:30 Bingo 10:00-12:00 Computer Salisbury Steak	8. 8:30-4:30 Board Games 10:00-11:30 Bingo 10:00-12:00 Computer 12:30-2:00 Arts & Crafts Turkey Tetrazzini	9. 8:30-4:30 Board Games 9:00-10:00 Enhance Fitness 10:00-11:30 Bingo 10:00-12:00 Computer 1:00-2:00 Ballroom Cheese Beef Lasagna
12. 8:30-4:30 Board Games 9:00-10:00 Enhanced Fitness 10:00-11:30 Bingo 11:00-2:00 Sewing 2:00-4:15 Hustle Class Charbroiled Steak	13. 8:30-4:30 Board Games 9:00-10:00 Tai Chi 10:00-11:30 Bingo 10:00-12:00 Bible Study 2:00-4:15 Hustle Sweet & Sour Pork	14. 8:30-4:30 Board Games 9:00-10:00 Enhanced Fitness 10:00-11:30 Bingo 10:00-12:00 Computer Philly Cheese Steak	15. 8:30-4:30 Board Games 10:00-11:30 Bingo 10:00-12:00 Computer 12:30-2:00 Arts & Craft Jumbo Chicken Wings	16. 8:30-4:30 Board Games 9:00-10:00 Enhance Fitness 10:00-11:30 Bingo 10:00-12:00 Computer 1:00-2:00 Ballroom Baked Fish
19. 8:30-4:30 Board Games 9:00-10:00 Enhanced Fitness 10:00-11:30 Bingo 11:00-2:00 Sewing 2:00-4:15 Hustle Class Breaded Chicken Breast	20. 8:30-4:30 Board Games 9:00-10:00 Tai Chi 10:00-11:30 Bingo 10:00-12:00 Bible Study 2:00-4:15 Hustle Class Pork Burger	21. 8:30-4:30 Board Games 9:00-10:00 Enhanced Fitness 10:00-11:30 Bingo 10:00-12:00 Computer Sloppy Joe	22. 8:30-4:30 Board Games 10:00-11:30 Bingo 10:00-12:00 Computer 12:30-2:00 Arts & Crafts Turkey Steak	23. 8:30-4:30 Board Games 9:00-10:00 Enhance Fitness 10:00-11:30 Bingo 10:00-12:00 Computer 1:00-2:00 Ballroom Macaroni & Cheese
26. 8:30-4:30 Board Games 9:00-10:00 Enhanced Fitness 10:00-11:30 Bingo 11:00-2:00 Sewing 2:00-4:15 Hustle Class Country Style Chicken	27. 8:30-4:30 Board Games 9:00-10:00 Tai Chi 10:00-11:30 Bingo 10:00-12:00 Bible Study 2:00-4:15 Hustle Class Boneless Rib	28. 8:30-4:30 Board Games 9:00-10:00 Enhanced Fitness 10:00-11:30 Bingo 10:00-12:00 Computer Mesquite Chicken	29. 8:30-4:30 Board Games 10:00-11:30 Bingo 10:00-12:00 Computer 12:30-2:00 Arts & Crafts Ravioli	30. 8:30-4:30 Board Games 9:00-10:00 Enhance Fitness 10:00-11:30 Bingo 10:00-12:00 Computer 1:00-2:00 Ballroom BBQ Chicken

Flint Seniors Matter!

Seniors (60 & Over) affected by Flint's Water Crisis
Attend on of four events for support and up-to-date information.

Thursday	Friday	Wednesday	Thursday
June 15, 2017	July 21, 2017	August 23, 2017	Sept. 28, 2017
12:30 -3pm	12:30 -3pm	12:30 -3pm	12:30 -3pm

Hasselbring Senior Center
1002 W. Home Ave.
Flint, Mi.

Calvary Church
2111 Flushing Rd.
Flint, Mi.

Brennan Senior Center
1301 Pingree Ave.
Flint, Mi.

Asbury Church
1653 Davison Rd.
Flint, Mi.

First 200 seniors in attendance at each event will receive a grocery gift card! Information & resources, Updates on water pipe replacements, Presentations, Cooking demos, & Food Packages while they last.

Sponsors: Valley Area on Aging And Charles Stewart Mott Foundation

THIS PROGRAM AND/OR SERVICE IS FULLY OR PARTIALLY FUNDED BY GENESEE COUNTY SENIOR MILLAGE FUNDS. YOUR TAX DOLLARS ARE AT WORK!

The Hasselbring Senior Center
1002 W. Home Avenue
Flint, Michigan 48505