

# Hasselbring Senior Center Newsletter

May 2017

*Age Confidently... Age Comfortably... Age Creatively*

1002 W. Home Avenue • Flint, MI 48505 • Phone: 810-766-9516 • Fax: 810-221-7893  
Website: [www.hasselbringseiorcenter.com](http://www.hasselbringseiorcenter.com) • Email: [hasselbring1002@gmail.com](mailto:hasselbring1002@gmail.com)

## NEW CENTER HOURS

**Monday – Friday**  
8:00 AM – 4:30 PM  
**Saturday & Sunday**  
Closed

## SENIOR CENTER STAFF

**Executive Director**  
Mary Hicks-Tibbs

### Mission Statement

The Mission of the Hasselbring Senior Center is to provide programs, activities, and services to promote health, safety, and dignity enabling seniors to remain independent in the community.

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Center will be closed on  
Tuesday May 2, Election &  
May 29th Memorial Day



## Spring has sprung My Senior Center

Please remember to scan in each time you come to the center. Check every activity you will be participating in but only those activities. Accurate participation reports are very important to us and the County. Thank you!

### Calling all Seniors

**Plan to attend Senior Power Day**

**May 24th, 9:00-2:00**

**Crossroad Village**

**Enjoy entertainment, Ice cream, &  
Prizes.**

**Hasselbring Hustlers will be dancing.**

**We have \$3.00 tickets in the office.**

**Call 810 766-9516**

## SAVE THE DATES

### Veterans Services

John Nelson, Deputy Director will be at the center to file claims for compensation and answer any questions on Tues., May 9th @ 9:30 am.

### Hasselbring Board Meeting

Tues., May 9th @ 1pm  
 President - Percy Knapp  
 Vice President - Bonnie Grass  
 Secretary -.Debra Gilbert  
 Treasurer - Norma Allen  
 Asst. Treasurer -.Patricia Cornelius  
 Sergeant at Arms-William Whitaker

### Blood Pressure Clinic

Tues., May 9th @ 10am  
 Guardian Angel, Nurse

We are looking for a nurse who is willing to volunteer to take blood pressures for our Seniors. Call 810-766-9516

### Water Filter Distribution

Hasselbring Senior Center does have water filters and cartridges for residents who need a replacement. Hours for pick-up are Wednesday 9:00-2:30 pm.

We also have :

- [Water Recycling Information](#)

We at Hasselbring do appreciate Jimmy Britt for his heroic assistance when one of our Seniors became ill.

### COME AND ENJOY!!!

#### Our Programs and Services

Do you need a ride?  
 Free transportation to and from Hasselbring Senior Center. Call MTA  
**810-767-5541**

### Free Dental Health Cleaning for Seniors!

**Where:** Mott Community College – Dental Hygiene Clinic  
 1401 E. Court St. Flint, MI

Call today to schedule an appointment: 810-762-0317  
*(Appointments are being scheduled ALL Day—Monday through Friday)*

**Transportation:** FREE transportation is provided for City of Flint residents! Please call T’Ashia Allen at VAAA 810-249-0833

*This project is being paid for by Valley Area Agency on Aging, Mott Community College Dental Hygiene Clinic and Delta Dental Foundation Grant. If you would like additional information, please call Abbie Mars at VAAA 810-600-0633*

### More to come about Hasselbring Hustlers involvement with UM Global Water Day Presentation.

### Senior Food Box—Friday May 26th

The Food Bank of Eastern Michigan is providing a food box each month for those seniors in the community who qualify. The boxes are delivered to the center on the fourth Friday each month, and **must be picked up by the following Monday.**

## “Happy Mother’s Day”

May 14, 2017

### MiCAFE & MEDICAID

#### Michigan Coordinated Access to Food for the Elderly

A program of Elder Law of Michigan that provides benefit application assistance to seniors age 60 and older, helping them make ends meet and putting healthy food on their table. Call the center to set up an appointment with our representative for certification and recertification.



**810-766-9516**

### Tai Chi

We would like to see more Seniors participate in our “Morning Movement” Class Tues. 9-10 am.

### Do you need Home repairs?

Metro Community Development is looking for you.  
 Call **Chennelle Dismond** at 810 767 4622 ext. 330

| Mon  | Tues  | Wed  | Thurs   | Fri   |
|--|---|--|---|---|
| <p>1.<br/>8:30-4:30 Board Games<br/>9:00-10:00 Enhanced Fitness<br/>10:00-11:30 Bingo<br/>11:00-2:00 Sewing<br/>2:00-4:15 Hustle Class</p> <p><b>Sweet &amp; Sour Pork</b></p> | <p><b>Closed</b></p>  <p><b>ELECTIONS</b></p>  | <p>3.<br/>8:30-4:30 Board Games<br/>9:00-10:00 Enhanced Fitness<br/>10:00-11:30 Bingo<br/>10:00-12:00 Computer</p> <p><b>Beef Hoagie</b></p>           | <p>4..<br/>8:30-4:30 Board Games<br/>10:00-11:30 Bingo<br/>10:00-12:00 Computer<br/>12:30-2:00 Arts &amp; Crafts</p> <p><b>Mediterranean Turkey</b></p> | <p>5..<br/>8:30-4:30 Board Games<br/>9:00-10:00 Enhance Fitness<br/>10:00-11:30 Bingo<br/>10:00-12:00 Computer<br/>1:00-2:00 Ballroom</p> <p><b>Chicken Lasagna</b></p>       |
| <p>8.<br/>8:30-4:30 Board Games<br/>9:00-10:00 Enhanced Fitness<br/>10:00-11:30 Bingo<br/>11:00-2:00 Sewing<br/>2:00-4:15 Hustle Class</p> <p><b>Turkey Tetrazzini</b></p>     | <p>9.<br/>8:30-4:30 Board Games<br/>9:00-10:00 Tai Chi<br/>10:00-11:30 Bingo<br/>10:00-12:00 Bible Study<br/>2:00-4:15 Hustle Class</p> <p><b>Charbroiled Steak</b></p> | <p>10.<br/>8:30-4:30 Board Games<br/>9:00-10:00 Enhanced Fitness<br/>10:00-11:30 Bingo<br/>10:00-12:00 Computer</p> <p><b>Pork Burger</b></p>          | <p>11.<br/>8:30-4:30 Board Games<br/>10:00-11:30 Bingo<br/>10:00-12:00 Computer<br/>12:30-2:00 Arts &amp; Crafts</p> <p><b>Jumbo Chicken Wings</b></p>  | <p>12.<br/>8:30-4:30 Board Games<br/>9:00-10:00 Enhance Fitness<br/>10:00-11:30 Bingo<br/>10:00-12:00 Computer<br/>1:00-2:00 Ballroom</p> <p><b>Baked. Fish</b></p>           |
| <p>15.<br/>8:30-4:30 Board Games<br/>9:00-10:00 Enhanced Fitness<br/>10:00-11:30 Bingo<br/>11:00-2:00 Sewing<br/>2:00-4:15 Hustle Class</p> <p><b>Chicken Philly Steak</b></p> | <p>16.<br/>8:30-4:30 Board Games<br/>9:00-10:00 Tai Chi<br/>10:00-11:30 Bingo<br/>10:00-12:00 Bible Study<br/>2:00-4:15 Hustle</p> <p><b>Meatloaf w/Gravy</b></p>       | <p>17.<br/>8:30-4:30 Board Games<br/>9:00-10:00 Enhanced Fitness<br/>10:00-11:30 Bingo<br/>10:00-12:00 Computer</p> <p><b>Honey Roasted Turkey</b></p> | <p>18.<br/>8:30-4:30 Board Games<br/>10:00-11:30 Bingo<br/>10:00-12:00 Computer<br/>12:30-2:00 Arts &amp; Craft</p> <p><b>Pulled Pork Sand.</b></p>     | <p>19.<br/>8:30-4:30 Board Games<br/>9:00-10:00 Enhance Fitness<br/>10:00-11:30 Bingo<br/>10:00-12:00 Computer<br/>1:00-2:00 Ballroom</p> <p><b>Country Style Chicken</b></p> |
| <p>22.<br/>8:30-4:30 Board Games<br/>9:00-10:00 Enhanced Fitness<br/>10:00-11:30 Bingo<br/>11:00-2:00 Sewing<br/>2:00-4:15 Hustle Class</p> <p><b>Sloppy Joe</b></p>           | <p>23.<br/>8:30-4:30 Board Games<br/>9:00-10:00 Tai Chi<br/>10:00-11:30 Bingo<br/>10:00-12:00 Bible Study<br/>2:00-4:15 Hustle Class</p> <p><b>Mesquite Chicken</b></p> | <p>24.<br/>8:30-4:30 Board Games<br/>9:00-10:00 Enhanced Fitness<br/>10:00-11:30 Bingo<br/>10:00-12:00 Computer</p> <p><b>Pork chop w/Gravy</b></p>    | <p>25.<br/>8:30-4:30 Board Games<br/>10:00-11:30 Bingo<br/>10:00-12:00 Computer<br/>12:30-2:00 Arts &amp; Crafts</p> <p><b>Ravioli w/beef</b></p>       | <p>26.<br/>8:30-4:30 Board Games<br/>9:00-10:00 Enhance Fitness<br/>10:00-11:30 Bingo<br/>10:00-12:00 Computer<br/>1:00-2:00 Ballroom</p> <p><b>Baked Macaroni Cheese</b></p> |
| <p>29. Closed<br/>Memorial Day</p>   | <p>30.<br/>8:30-4:30 Board Games<br/>9:00-10:00 Tai Chi<br/>10:00-11:30 Bingo<br/>10:00-12:00 Bible Study<br/>2:00-4:15 Hustle Class</p> <p><b>Chicken Cordon</b></p>   | <p>31.<br/>8:30-4:30 Board Games<br/>9:00-10:00 Enhanced Fitness<br/>10:00-11:30 Bingo<br/>10:00-12:00 Computer</p> <p><b>Bourbon Chicken</b></p>      |   |   |

We are looking for all Seniors to support !!!

## Hasselbring Senior Center

1002 W. Home Ave.

3rd Annual Fashion Show & Chinese Auction Fundraiser

“Living Your Life To The Fullest”

Tuesday May 23, 2017

1:00-4:00 PM.

Tickets \$8.00



Refreshments Entertainment Prizes

Sponsored By Hasselbring Advisory Board

For Tickets contact: Sandra August, Marva Johnson, Netta McClinton

THIS PROGRAM AND/OR SERVICE IS FULLY OR PARTIALLY FUNDED BY GENESEE COUNTY SENIOR MILLAGE FUNDS. YOUR TAX DOLLARS ARE AT WORK!

**The Hasselbring Senior Center**

1002 W. Home Avenue

Flint, Michigan 48505