

Age Confidently... Age Comfortably... Age Creatively

1002 W. Home Avenue • Flint, MI 48505 • Phone: 810-766-9516 • Fax: 810-221-7893
Website: www.hasselbringseiorcenter.com • Email: hasselbring1002@gmail.com

NEW CENTER HOURS

Monday – Friday
8:00 AM – 4:30 PM
Saturday & Sunday
Closed

SENIOR CENTER STAFF

Executive Director
Mary Hicks-Tibbs

Mission Statement

The Mission of the Hasselbring Senior Center is to provide programs, activities, and services to promote health, safety, and dignity enabling seniors to remain independent in the community.

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My Senior Center

Please remember to scan in each time you come to the center. Check every activity you will be participating in but only those activities. Accurate participation reports are very important to us and the County. Thank you!

Volunteer Opportunities!

We are looking for volunteers to assist. Please stop by our office or give us a call for more details.

810-766-9516

Inclement Weather

The Hasselbring Senior Center will be closed when the Flint Public Schools close. Check your local TV stations for school closings.

**Center will be closed on
Good Friday—April 14th**

SAVE THE DATES

Veterans Services

John Nelson, Deputy Director will be at the center to file claims for compensation and answer any questions on Tues., April 11th @ 9:30 am.

Hasselbring Board Meeting

Tues., April 11th @ 1pm
 President - Percy Knapp
 Vice President - Bonnie Grass
 Secretary -.Debra Gilbert
 Treasurer - Norma Allen
 Asst. Treasurer -.Patricia Cornelius
 Sergeant at Arms-William Whitaker

Blood Pressure Clinic

Tues., April 11th @ 10am
 Shirley Collins, RN

We are looking for a nurse who is willing to volunteer to take blood pressures for our Seniors. Call 810-766 -9516

Water Distribution Site

Hasselbring Senior Center is a water resource site serving as a one-stop location where residents can pick up all of the resources such as:

- Bottle Water
- Filters
- Replacement Cartridges
- Water Recycle Information

Hours for pick up are Monday-Friday 9:00 am – 2:30 pm

We would like to thank our AARP Volunteers for helping us serve the community this tax season!

COME AND ENJOY!!!

Our Program and Services

Need a ride?

Free transportation to and from Hasselbring Senior Center. Call MTA
810-767-5541

Free Dental Health Cleaning for Seniors!

Where: Mott Community College –Dental Hygiene Clinic
 1401 E. Court St. Flint, MI

Call today to schedule an appointment: 810-762-0317
(Appointments are being scheduled ALL Day—Monday through Friday)

Transportation: FREE transportation is provided for City of Flint residents! Please call T’Ashia Allen at VAAA 810-249-0833

This project is being paid for by Valley Area Agency on Aging, Mott Community College Dental Hygiene Clinic and Delta Dental Foundation Grant. If you would like additional information, please call Abbie Mars at VAAA 810-600-0633

More to come about Hasselbring Hustlers involvement with UM Global Water Day Presentation.

Senior Food Box—April 28th

The Food Bank of Eastern Michigan is providing a food box each month for those seniors in the community who qualify. The boxes are delivered to the center on the fourth Friday each month, and **must be picked up by the following Monday.**

MiCAFE & MEDICAID

Michigan Coordinated Access to Food for the Elderly

A program of Elder Law of Michigan that provides benefit application assistance to seniors age 60 and older, helping them make ends meet and putting healthy food on their table. Call the center to set up an appointment with our representative for certification and recertification.


810-766-9516

Tai Chi

We would like to see more Seniors participate in our “Morning Movement” Class Tues. 9-10 am.

Do you need Home repairs?

Metro Community Development is looking for you.
 Call **Chennelle Dismond** at 810 767 4622 ext. 330

Mon	Tues	Wed	Thurs	Fri
<p>3.</p> <p>8:30-4:30 Board Games 9:00-10:00 Enhanced Fitness 10:00-11:30 Bingo 11:00-2:00 Sewing 2:00-4:15 Hustle Class</p> <p>Broiled Beef Patties</p>	<p>4.</p> <p>8:30-4:30 Board Games 9:00-10:00 Tai Chi 10:00-11:30 Bingo 10:00-12:00 Bible Study 2:00-4:15 Hustle Class</p> <p>Ranch Chicken Breast</p>	<p>5.</p> <p>8:30-4:30 Board Games 9:00-10:00 Enhanced Fitness 10:00-11:30 Bingo 10:00-12:00 Computer</p> <p>Swiss Steak</p>	<p>6.</p> <p>8:30-4:30 Board Games 10:00-11:30 Bingo 10:00-12:00 Computer 12:30-2:00 Arts & Crafts</p> <p>Chicken Parmesean</p>	<p>7.</p> <p>8:30-4:30 Board Games 9:00-10:00 Enhanced Fitness 10:00-11:30 Bingo 10:00-12:00 Computer 1:00-2:00 Ballroom</p> <p>Artisan Mac N Cheese</p>
<p>10.</p> <p>8:30-4:30 Board Games 9:00-10:00 Enhanced Fitness 10:00-11:30 Bingo 11:00-2:00 Sewing 2:00-4:15 Hustle Class</p> <p>Salisbury Steak</p>	<p>11.</p> <p>8:30-4:30 Board Games 9:00-10:00 Tai Chi 10:00-11:30 Bingo 10:00-12:00 Bible Study 2:00-4:15 Hustle Class</p> <p>Baked Chicken Breast</p>	<p>12.</p> <p>8:30-4:30 Board Games 9:00-10:00 Enhanced Fitness 10:00-11:30 Bingo 10:00-12:00 Computer</p> <p>Beef Philly Steak</p>	<p>13.</p> <p>8:30-4:30 Board Games 10:00-11:30 Bingo 10:00-12:00 Computer 12:30-2:00 Arts & Crafts</p> <p>Chili w/Beef-Crinkle</p>	
<p>17.</p> <p>8:30-4:30 Board Games 9:00-10:00 Enhanced Fitness 10:00-11:30 Bingo 11:00-2:00 Sewing 2:00-4:15 Hustle Class</p> <p>Turkey Tetrazzini</p>	<p>18.</p> <p>8:30-4:30 Board Games 9:00-10:00 Tai Chi 10:00-11:30 Bingo 10:00-12:00 Bible Study 2:00-4:15 Hustle</p> <p>Ravioli w//Beef sauce</p>	<p>19.</p> <p>8:30-4:30 Board Games 9:00-10:00 Enhanced Fitness 10:00-11:30 Bingo 10:00-12:00 Computer</p> <p>BBQ Turkey</p>	<p>20.</p> <p>8:30-4:30 Board Games 10:00-11:30 Bingo 10:00-12:00 Computer 12:30-2:00 Arts & Crafts</p> <p>Chicken Ala King</p>	<p>21.</p> <p>8:30-4:30 Board Games 9:00-10:00 Enhanced Fitness 10:00-11:30 Bingo 10:00-12:00 Computer 1:00-2:00 Ballroom</p> <p>Baked White Fish</p>
<p>24.</p> <p>8:30-4:30 Board Games 9:00-10:00 Enhanced Fitness 10:00-11:30 Bingo 11:00-2:00 Sewing 2:00-4:15 Hustle Class</p> <p>Grilled Chicken Breast</p>	<p>25.</p> <p>8:30-4:30 Board Games 9:00-10:00 Tai Chi 10:00-11:30 Bingo 10:00-12:00 Bible Study 2:00-4:15 Hustle Class</p> <p>Pub Cheese Burger</p>	<p>26.</p> <p>8:30-4:30 Board Games 9:00-10:00 Enhanced Fitness 10:00-11:30 Bingo 10:00-12:00 Computer</p> <p>Pork Chop-Redskin</p>	<p>27.</p> <p>8:30-4:30 Board Games 10:00-11:30 Bingo 10:00-12:00 Computer 12:30-2:00 Arts & Crafts</p> <p>Fried Chicken</p>	<p>28.</p> <p>8:30-4:30 Board Games 9:00-10:00 Enhanced Fitness 10:00-11:30 Bingo 10:00-12:00 Computer 1:00-2:00 Ballroom</p> <p>Turkey/Polish-mixed Veg.</p>

Helpful Numbers

Alzheimer's Association Hotline	800-272-3900
GCCARD Weatherization Program	810-762-4918
Genesee County Sheriff Elder Abuse	810-424-4344
Legal Hotline for Seniors	800-347-5297
Legal Services of Eastern Michigan	810-234-2621
Mott Com. College Dental Clinic	810-762-0493
Social Security	800-722-1213
Valley Area Agency on Aging	810-239-7671

City of Flint

Mayor's Office	810-766-7346
City Council	810-766-7418
Parks & Recreation	810-766-7015
Sewer Department	810-766-7079
Water Department	810-766-7202

THIS PROGRAM AND/OR SERVICE IS FULLY OR PARTIALLY FUNDED BY GENESEE COUNTY SENIOR MILLAGE FUNDS. YOUR TAX DOLLARS ARE AT WORK!

The Hasselbring Senior Center
1002 W. Home Avenue
Flint, Michigan 48505