

# Hasselbring

March 2017

**SENIOR  
CENTER  
Newsletter**

*Age Confidently..Age Comfortably..Age Creatively*

1002 W. Home Avenue • Flint, MI 48505 • Phone: 810-766-9516 • Fax: 810-221-7893  
Website: [www.hasselbringseniorcenter.com](http://www.hasselbringseniorcenter.com) • Email: [hasselbring1002@gmail.com](mailto:hasselbring1002@gmail.com)

## NEW CENTER HOURS

Monday – Friday  
8:00 AM – 4:30 PM  
Saturday & Sunday  
Closed

## SENIOR CENTER STAFF

Executive Director  
Mary Hicks-Tibbs

## MISSION STATEMENT

The Mission of the Hasselbring Senior Center is to provide programs, activities, and services to promote health, safety and dignity enabling them to remain independent in the community.

## INSIDE THIS ISSUE

## Happy St. Patrick Day



Please help us get new members  
before March 2017

Save The Date Pg. 2

GCARD Lunch Pg .3

## Holidays

St. Patrick Day March 17

**!!Are you looking  
for the pot of gold!!**  
If you find it  
Hasselbring needs it.

**All members must fill out a member registration form and get a scan card. Please only scan activities you participate in. No member under suspension shall enjoy any rights and privileges of membership (except the right to appeal) until reinstated. Members must enter the front door only and use My Senior Scan Card.**

**Only touch the ICON your participating in**

## **VOLUNTEERS OPPORTUNITIES!**

We are looking for volunteers to assist. Please stop by our office or give us a call for more details.  
810-766-9516

## SAVE THE DATES

### VETERANS SERVICES

**Tuesday March 14, @ 9:30**

Deputy John Nelson will be at the center to file claims for compensation and answer any question.

### Hasselbring board meeting

March 14, 2017—1:00 pm.

President.....Percy Knapp  
Vice President.....Bonnie Grass  
Secretary.....Debra Gilbert  
Asst. Sec .....Shirley Blassingame  
Sergent at Arms.....William Whitaker

### BLOOD PRESSURE CLINIC

March 14, 2017@10:00 am  
Shirley Collins, RN

### Water Resource Center

**Hasselbring Senior Center is a water resource site serving as a one-stop location where resident can pick up all of the all of the resources such as**

**Bottle water**

**Filters**

**Replacement Cartridges**

**Water Recycle Information**

### HOUROURS FOR PICK UP

**MONDAY-FRIDAY**

**9:00AM—2:30PM**

### Hasselbring

would like to congratulate all the Seniors for participating in the Senior winter Games and brought home Gold, Silver and Bronze Medals

### Thanks

to all who planned and attended the open house

## From the Office Desk!!!

Tax time is here !!!

### Every Thursday IN March

**Call 810-766-9516 or come in for Appointments.**

### Water Dance Workshop

**March 1st.....1:00PM—3:00PM**

**March 2nd.....1:00PM– 3:00PM**

## COMING SOON

### BE Dazzle Craft Class

### Attention

### A New Service for our Seniors

The food bank of Eastern Michigan is providing a Senior Food Box each month for those who qualify. The boxes are Delivered here on the 4th Friday each month, and must be picked up by that Monday.

## MICAFAE PROGRAM

### MICHIGAN'S CORDINATED ACCESS FOOD FOR THE ELDERLY Present

A program of Elder Law of Michigan that provides benefit application assistance to seniors age 60 and older, helping them make ends meet and put healthy food on their table.

Call the center to set up an appointment with our representative for certification and recertification.

810-766-9516

Mon	Tues	Wed	Thurs	Fri
		<p>1.</p> <p>8:30-4:30 Billiards 8:30-4:30 Checkers 8:30-4:30 Jigsaw Puzzle 9:00-10:00 Enhanced Fitness 10:00-11:30 Bingo 10:00-12:00 Computer 11:30-4:30 Spades 1:00-4:30 Dominoes</p> <p><b>Roast Chicken</b></p>	<p>2</p> <p>8:30-4:30 Billiards 8:30-4:30 Checkers 8:30-4:30 Jigsaw Puzzle 10:00-11:30 Bingo 10:00-12:00 Computer 11:30-4:30 Spades 12:30-2:00 Arts &amp; Crafts 1:00-4:30 Dominoes 1:00-4:30 Bid Whiz</p> <p><b>Pork Chop Gravy</b></p>	<p>3.</p> <p>8:30-4:30 Billiards 8:30-4:30 Checkers 8:30-4:30 Jigsaw Puzzle 9:00-10:00 Enhance Fitness 10:00-11:30 Bingo 10:00-12:00 Computer 11:30-4:30 Spades 1:00-2:00 Ballroom 1:00-3:00 Chess 1:00-4:30 Dominoes</p> <p><b>Artisan Mac &amp; Cheese</b></p>
<p>6.</p> <p>8:30-4:30 Billiards 8:30-4:30 Checkers 8:30-4:30 Jigsaw Puzzles 9:00-10:00 Enhanced Fitness 10:00-11:30 Bingo 11:00-2:00 Sewing 11:30-4:30 Spades 1:00-4:30 Dominoes 2:00-4:15 Hustle Class</p> <p><b>Chicken &amp; Dumplings</b></p>	<p>7.</p> <p>8:30-4:30 Billiards 8:30-4:30 Checkers 8:30-4:30 Jigsaw Puzzle 9:00-10:00 Tai Chi 10:00-11:30 Bingo 10:00-12:00 Bible Study 11:30-4:30 Spades 1:00-4:30 Dominoes 2:00-4:15 Hustle Class</p> <p><b>Meatloaf w/ Gravy</b></p>	<p>8..</p> <p>8:30-4:30 Billiards 8:30-4:30 Checkers 8:30-4:30 Jigsaw Puzzle 9:00-10:00 Enhanced Fitness 10:00-11:30 Bingo 10:00-12:00 Computer 11:30-4:30 Spades 1:00-4:30 Dominoes</p> <p><b>BBQ Pork</b></p>	<p>9.</p> <p>8:30-4:30 Billiards 8:30-4:30 Checkers 8:30-4:30 Jigsaw Puzzle 10:00-11:30 Bingo 10:00-12:00 Computer 11:30-4:30 Spades 12:30-2:00 Arts &amp; Crafts 1:00-4:30 Dominoes 1:00-4:30 Bid Whiz</p> <p><b>Turkey Burger</b></p>	<p>10.</p> <p>8:30-4:30 Billiards 8:30-4:30 Checkers 8:30-4:30 Jigsaw Puzzle 9:00-10:00 Enhance Fitness 10:00-11:30 Bingo 10:00-12:00 11:30-4:30 Spades 1:00-2:00 Ballroom 1:00-3:00 Chess 1:00-4:30 Dominoes</p> <p><b>Baked Lemon Polluck</b></p>
<p>13.</p> <p>8:30-4:30 Billiards 8:30-4:30 Checkers 8:30-4:30 Jigsaw Puzzles 9:00-10:00 Enhanced Fitness 10:00-11:30 Bingo 11:00-2:00 Sewing 11:30-4:30 Spades 1:00-4:30 Dominoes 2:00-4:15 Hustle Class</p> <p><b>Bean soup/ Ham</b></p>	<p>14.</p> <p>8:30-4:30 Billiards 8:30-4:30 Checkers 8:30-4:30 Jigsaw Puzzle 9:00-10:00 Tai Chi 10:00-11:30 Bingo 10:00-12:00 Bible Study 11:30-4:30 Spades 1:00-4:30 Dominoes 2:00-4:15 Hustle Class</p> <p><b>Sliced Turkey</b></p>	<p>15.</p> <p>8:30-4:30 Billiards 8:30-4:30 Checkers 8:30-4:30 Jigsaw Puzzle 9:00-10:00 Enhanced Fitness 10:00-11:30 Bingo 10:00-12:00 Computer 11:30-4:30 Spades 1:00-4:30 Dominoes</p> <p><b>Boneless Rib</b></p>	<p>16.</p> <p>8:30-4:30 Billiards 8:30-4:30 Checkers 8:30-4:30 Jigsaw Puzzle 10:00-11:30 Bingo 10:00-12:00 Computer 11:30-4:30 Spades 12:30-2:00 Arts &amp; Crafts 1:00-4:30 Dominoes 1:00-4:30 Bid Whiz</p> <p><b>Sloppy Joe</b></p>	<p>17.</p> <p>8:30-4:30 Billiards 8:30-4:30 Checkers 8:30-4:30 Jigsaw Puzzle 9:00-10:00 Enhance Fitness 10:00-11:30 Bingo 10:00-12:00 Computer 11:30-4:30 Spades 1:00-2:00 Ballroom 1:00-3:00 Chess 1:00-4:30 Dominoes</p> <p><b>Corned beef Cabbage</b></p>
<p>20.</p> <p>8:30-4:30 Billiards 8:30-4:30 Checkers 8:30-4:30 Jigsaw Puzzles 9:00-10:00 Enhanced Fitness 10:00-11:30 Bingo 11:00-2:00 Sewing 11:30-4:30 Spades 1:00-4:30 Dominoes 2:00-4:15 Hustle Class</p> <p><b>Baked Chicken</b></p>	<p>21.</p> <p>8:30-4:30 Billiards 8:30-4:30 Checkers 8:30-4:30 Jigsaw Puzzle 9:00-10:00 Tai Chi 10:00-11:30 Bingo 10:00-12:00 Bible Study 11:30-4:30 Spades 1:00-4:30 Dominoes 2:00-4:15 Hustle Class</p> <p><b>Swedish Meatballs</b></p>	<p>22.</p> <p>8:30-4:30 Billiards 8:30-4:30 Checkers 8:30-4:30 Jigsaw Puzzle 9:00-10:00 Enhanced Fitness 10:00-11:30 Bingo 10:00-12:00 Computer Class 11:30-4:30 Spades 1:00-4:30 Domino</p> <p><b>Turkey Ham</b></p>	<p>23.</p> <p>8:30-4:30 Billiards 8:30-4:30 Checkers 8:30-4:30 Jigsaw Puzzle 10:00-11:30 Bingo 10:00-12:00 Computer 11:30-4:30 Spades 12:30-2:00 Arts &amp; Crafts 1:00-4:30 Dominoes 1:00-4:30 Bid Whiz</p> <p><b>Beef Liver</b></p>	<p>24.</p> <p>8:30-4:30 Billiards 8:30-4:30 Checkers 8:30-4:30 Jigsaw Puzzle 9:00-10:00 Enhance Fitness 10:00-11:30 Bingo 10:00-12:00 Computer 11:30-4:30 Spades 1:00-2:00 Ballroom 1:00-3:00 Chess 1:00-4:30 Dominoes</p> <p><b>Veg. Lasagna</b></p>
<p>27.</p> <p>8:30-4:30 Billiards 8:30-4:30 Checkers 8:30-4:30 Jigsaw Puzzles 9:00-10:00 Enhanced Fitness 10:00-11:30 Bingo 11:00-2:00 Sewing 11:30-4:30 Spades 1:00-4:30 Dominoes 2:00-4:15 Hustle Class</p> <p><b>Swiss Steak</b></p>	<p>28.</p> <p>8:30-4:30 Billiards 8:30-4:30 Checkers 8:30-4:30 Jigsaw Puzzle 9:00-10:00 Tai Chi 10:00-11:30 Bingo 10:00-12:00 Bible Study 11:30-4:30 Spades 1:00-4:30 Dominoes 2:00-4:15 Hustle Class</p> <p><b>Turkey Breast</b></p>	<p>8</p> <p>8:30-4:30 Billiards 8:30-4:30 Checkers 8:30-4:30 Jigsaw Puzzle 9:00-10:00 Enhanced Fitness 10:00-11:30 Bingo 10:00-12:00 Computer Class 11:30-4:30 Spades 1:00-4:30 Domino</p> <p><b>Ckicken Breast</b></p>	<p>8:30-4:30 Billiards 8:30-4:30 Checkers 8:30-4:30 Jigsaw Puzzle 10:00-11:30 Bingo 10:00-12:00 Computer 11:30-4:30 Spades 12:30-2:00 Arts &amp; Crafts 1:00-4:30 Dominoes 1:00-4:30 Bid Whiz</p> <p><b>Char Beef Steak</b></p>	<p>8:30-4:30 Billiards 8:30-4:30 Checkers 8:30-4:30 Jigsaw Puzzle 9:00-10:00 Enhance Fitness 10:00-11:30 Bingo 10:00-12:00 Computer 11:30-4:30 Spades 1:00-2:00 Ballroom 1:00-3:00 Chess 1:00-4:30 Dominoes</p> <p><b>Jumbo Ravioli</b></p>

**Valley on Aging and  
Mott College**

Parenting to present  
FREE DENTAL HEALTH  
CLEANING FOR SENIORS  
CALL FOR APPOINTMENT  
810-762-0317

**REMINDER**

Food bank of Eastern Michigan  
Senior food box must be picked  
up after 10:00 AM on Friday  
March 24, 2017

**The Hasselbring Senior Center**  
1002 W. Home Avenue  
Flint, Michigan 48505