

Hasselbring

February 2017

**SENIOR
CENTER
Newsletter**

Age Confidently..Age Comfortably..Age Creatively

1002 W. Home Avenue • Flint, MI 48505 • Phone: 810-766-9516 • Fax: 810-221-7893
Website: www.hasselbringseniorcenter.com • Email: Hasselbring1002@gmail.com

NEW OFFICE HOURS

Monday – Friday

8:00 AM – 4:30 PM

Saturday & Sunday

Closed

SENIOR CENTER STAFF

Executive Director

Mary Hicks-Tibbs

INSIDE THIS ISSUE

Save The Dates Pg. 2

GCCARD Lunch Pg .3
Menu

Our Mission Pg .4

Holidays

Lincoln's Birthday Feb, 13

Presidents' Day Feb. 20

Share some love!!!



Please help us get new members
before March 2017

All members must fill out a member registration form and get a scan card. Please only scan activities you participate in. No member under suspension shall enjoy any rights and privileges of membership (except the right to appeal) until reinstated. Members must enter the front door only and use My Senior Scan Card.

If you are attending multiple activities on the same day, please check each one when scanning in.

VOLUNTEERS OPPORTUNITIES!

We are looking for volunteers to assist. Please stop by our office or give us a call for more details.

810-766-9516

SAVE THE DATES

VETERANS SERVICES

Dep. John Nelson will be at the center to file claims for compensation and answer any questions on
Wednesday, February 14, 2017
@ 9:30 am

Hasselbring board meeting
February 17, 2017—1:00 pm.
BLOOD PRESSURE CLINIC

Shirley Collins, RN
on
2nd Tuesday @ 10:00 am

Total Wellness
Finance workshop
3rd Mon. each month

ATTENTION SENIORS

Hasselbring senior Center has the following resources for your Convenience:
Cases of bottle water
Filters
Replacement cartridges
Water bottle recycle info.
We have helpful information that will keep you informed.

WATER SITE

Hasselbring Senior Center is a water resource site serve as a one-stop location where residents can pick up all of the resources such as:
Bottle Water, Filters
Replacement Cartridges,
Water Recycle Information.
Hours for pick up will be
Monday-Friday
9:00 am – 3:30 pm

From the Office Desk!!!

Tax time is here !!!

February 2, 2017 — April 13, 2017

Call 810-766-9516 or come in for Appointments.

Calling all Seniors to Participate
Senior Winter Games of Genesee County is in need of seniors who are willing to volunteer to assist at event sites. If you are interested in volunteering, please contact Melinda Soper at Swartz Creek Senior Center 810-635-4122 or Misty Moen at Grand Blanc Senior Center 810-695-3202

39th Annual Senior Winter Games

The Games Begin: January 30, 2017 to February 23, 2017

Events include:

Pie Eating, Bowling, Jigsaw Puzzle, Spades, Soft Ball Toss, Shuffleboard, Baking, Fitness Walk, Free Throw, Lawn Bowling, Soccer-Free Kick, Cribbage, Euchre, Pinochle, Sudoku, Darts, Bean Bag Toss, Pickle Ball, Volley Ball, Archery, Frisbee Toss, Pool Hand Knee Foot, Line Dancing, Karaoke, Arts & Crafts Dominoes (Mexican Train), Trivia Game, Miniature Golf.

Attention

A New Service for our Seniors

The food bank of Eastern Michigan is providing a Senior Food Box each month for those who qualify. The boxes are Delivered here on the 4th Friday each month, and must be picked up by that Monday.

Don't forget our COMPUTER CLASS BEGINS - FEB. 1, 2017

MICAFE PROGRAM
MICHIGAN'S COORDINATED ACCESS FOOD
FOR THE ELDERLY
PRESENT

A program of Elder Law of Michigan that provides benefit application assistance to seniors age 60 and older, helping them make ends meet and put healthy food on their table.

Call the center to set up an appointment with our representative for certification and recertification.

810-766-9516

Mon	Tues	Wed	Thurs	Fri
		<p>1.</p> <p>8:30-4:30 Billiards 8:30-4:30 Checkers 8:30-4:30 Jigsaw Puzzle 9:00-10:00 Enhanced Fitness 10:00-11:30 Bingo 10:00-12:00 Computer 11:30-4:30 Spades 1:00-4:30 Dominoes</p> <p>Chicken Cordon Royale</p>	<p>2</p> <p>8:30-4:30 Billiards 8:30-4:30 Checkers 8:30-4:30 Jigsaw Puzzle 10:00-11:30 Bingo 10:00-12:00 Computer 11:30-4:30 Spades 12:30-2:00 Arts & Crafts 1:00-4:30 Dominoes 1:00-4:30 Bid Whiz</p> <p>Beef Stew</p>	<p>3.</p> <p>8:30-4:30 Billiards 8:30-4:30 Checkers 8:30-4:30 Jigsaw Puzzle 9:00-10:00 Enhance Fitness 10:00-11:30 Bingo 10:00-12:00 Computer 11:30-4:30 Spades 1:00-2:00 Ballroom 1:00-3:00 Chess 1:00-4:30 Dominoes</p> <p>Beef Patty</p>
<p>6.</p> <p>8:30-4:30 Billiards 8:30-4:30 Checkers 8:30-4:30 Jigsaw Puzzles 9:00-10:00 Enhanced Fitness 10:00-11:30 Bingo 11:00-2:00 Sewing 11:30-4:30 Spades 1:00-4:30 Dominoes 2:00-4:15 Hustle Class</p> <p>Italian Sausage</p>	<p>7.</p> <p>8:30-4:30 Billiards 8:30-4:30 Checkers 8:30-4:30 Jigsaw Puzzle 9:00-10:00 Tai Chi 10:00-11:30 Bingo 10:00-12:00 Bible Study 11:30-4:30 Spades 1:00-4:30 Dominoes 2:00-4:15 Hustle Class</p> <p>Chicken Dumpling</p>	<p>8..</p> <p>8:30-4:30 Billiards 8:30-4:30 Checkers 8:30-4:30 Jigsaw Puzzle 9:00-10:00 Enhanced Fitness 10:00-11:30 Bingo 10:00-12:00 Computer 11:30-4:30 Spades 1:00-4:30 Dominoes</p> <p>Turkey Breast</p>	<p>9.</p> <p>8:30-4:30 Billiards 8:30-4:30 Checkers 8:30-4:30 Jigsaw Puzzle 10:00-11:30 Bingo 10:00-12:00Computer 11:30-4:30 Spades 12:30-2:00 Arts & Crafts 1:00-4:30 Dominoes 1:00-4:30 Bid Whiz</p> <p>Stuffed Cabbage</p>	<p>10.</p> <p>8:30-4:30 Billiards 8:30-4:30 Checkers 8:30-4:30 Jigsaw Puzzle 9:00-10:00 Enhance Fitness 10:00-11:30 Bingo 10:00-12:00 11:30-4:30 Spades 1:00-2:00 Ballroom 1:00-3:00 Chess 1:00-4:30 Dominoes</p> <p>Baked Mac / Cheese</p>
<p>13.</p> <p>CLOSED</p> <p>Lincoln's Birthday</p>	<p>14.</p> <p>8:30-4:30 Billiards 8:30-4:30 Checkers 8:30-4:30 Jigsaw Puzzle 9:00-10:00 Tai Chi 10:00-11:30 Bingo 10:00-12:00 Bible Study 11:30-4:30 Spades 1:00-4:30 Dominoes 2:00-4:15 Hustle Class</p> <p>Country Chicken Patty</p>	<p>15.</p> <p>8:30-4:30 Billiards 8:30-4:30 Checkers 8:30-4:30 Jigsaw Puzzle 9:00-10:00 Enhanced Fitness 10:00-11:30 Bingo 10:00-12:00 Computer 11:30-4:30 Spades 1:00-4:30 Dominoes</p> <p>Pot-Roast / Gravy</p>	<p>16.</p> <p>8:30-4:30 Billiards 8:30-4:30 Checkers 8:30-4:30 Jigsaw Puzzle 10:00-11:30 Bingo 10:00-12:00 Computer 11:30-4:30 Spades 12:30-2:00 Arts & Crafts 1:00-4:30 Dominoes 1:00-4:30 Bid Whiz</p> <p>Beef Chili</p>	<p>17.</p> <p>8:30-4:30 Billiards 8:30-4:30 Checkers 8:30-4:30 Jigsaw Puzzle 9:00-10:00 Enhance Fitness 10:00-11:30 Bingo 10:00-12:00 Computer 11:30-4:30 Spades 1:00-2:00 Ballroom 1:00-3:00 Chess 1:00-4:30 Dominoes</p> <p>Alaskan Polluck Loin</p>
<p>20.</p> <p>CLOSED</p> <p>Presidents' Day</p>	<p>21.</p> <p>8:30-4:30 Billiards 8:30-4:30 Checkers 8:30-4:30 Jigsaw Puzzle 9:00-10:00 Tai Chi 10:00-11:30 Bingo 10:00-12:00 Bible Study 11:30-4:30 Spades 1:00-4:30 Dominoes 2:00-4:15 Hustle Class</p> <p>Baked Ravioli</p>	<p>22.</p> <p>8:30-4:30 Billiards 8:30-4:30 Checkers 8:30-4:30 Jigsaw Puzzle 9:00-10:00 Enhanced Fitness 10:00-11:30 Bingo 10:00-12:00 Computer Class 11:30-4:30 Spades 1:00-4:30 Domino</p> <p>Turkey Polish Sausage</p>	<p>23.</p> <p>8:30-4:30 Billiards 8:30-4:30 Checkers 8:30-4:30 Jigsaw Puzzle 10:00-11:30 Bingo 10:00-12:00 Computer 11:30-4:30 Spades 12:30-2:00 Arts & Crafts 1:00-4:30 Dominoes 1:00-4:30 Bid Whiz</p> <p>Chicken Pot Pie</p>	<p>24.</p> <p>8:30-4:30 Billiards 8:30-4:30 Checkers 8:30-4:30 Jigsaw Puzzle 9:00-10:00 Enhance Fitness 10:00-11:30 Bingo 10:00-12:00 Computer 11:30-4:30 Spades 1:00-2:00 Ballroom 1:00-3:00 Chess 1:00-4:30 Dominoes</p> <p>Vegetable Lasagna</p>
<p>27.</p> <p>8:30-4:30 Billiards 8:30-4:30 Checkers 8:30-4:30 Jigsaw Puzzles 9:00-10:00 Enhanced Fitness 10:00-11:30 Bingo 11:00-2:00 Sewing 11:30-4:30 Spades 1:00-4:30 Dominoes 2:00-4:15 Hustle Class</p> <p>Pork Ham Patty</p>	<p>28.</p> <p>8:30-4:30 Billiards 8:30-4:30 Checkers 8:30-4:30 Jigsaw Puzzle 9:00-10:00 Tai Chi 10:00-11:30 Bingo 10:00-12:00 Bible Study 11:30-4:30 Spades 1:00-4:30 Dominoes 2:00-4:15 Hustle Class</p> <p>Beef Liver / Gravy</p>			

OUR MISSION

MISSION STATEMENT

The Mission of the Hasselbring Senior Center is to provide programs, activities, and services to promote health, safety, and dignity enabling them to remain independent in the community.

ACTIONS TO STAY HEALTHY.

For emergency preparedness information, visit the Genesee County Health Department on the web: www.gchd.us.

THIS PROGRAM AND/OR SERVICE IS FULLY OR PARTIALLY FUNDED BY
GENESEE COUNTY SENIOR MILLAGE FUNDS. YOUR TAX DOLLARS ARE AT
WORK!

The Hasselbring Senior Center
1002 W. Home Avenue
Flint, Michigan 48505