

# Hasselbring

January 2017

SENIOR  
CENTER  
Newsletter

*Age Confidently..Age Comfortably..Age Creatively*

1002 W. Home Avenue • Flint, MI 48505 • Phone: 810-766-9516 • Fax: 810-221-7893  
Website: [www.hasselbringseiorcenter.com](http://www.hasselbringseiorcenter.com) • Email: [Hasselbring1002@gmail.com](mailto:Hasselbring1002@gmail.com)

## NEW OFFICE HOURS

Monday – Friday  
8:00 AM – 4:30 PM

Saturday & Sunday  
Closed

## SENIOR CENTER STAFF

Executive Director  
Mary Hicks-Tibbs

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## Holidays

January 2, 2017  
Center closed

January 16, Closed  
Share some time with  
your family...

## We Wish you a Blessed Year



Please help us get new members  
before March 2017

**JUST A REMINDER  
SCAN, SCAN, SCAN!**

It is important to scan your card each and every time you attend our center. If you are attending multiple activities on the same day, please check each one when scanning in.

## VOLUNTEERS OPPORTUNITIES!

We are looking for volunteers to work our front desk. If you are able to commit a couple of hours throughout the week to serve lunch, greet, sign new seniors up and make sure they scan under their activities, please stop by our office or give us a call for more details.

810-766-9516

Sign up here and become a member

## SAVE THE DATES

### VETERANS SERVICES

Dep. John Nelson will be at the center to file claims for compensation and answer any questions on Wednesday, January 11, 2017 @ 9:30 am

### Hasselbring board meeting

Jan. 17th, 2017—1:00 pm.

### BLOOD PRESSURE CLINIC

RN Barbara Austin  
First Monday  
Shirley Collins, RN  
on  
2nd Tuesday @ 10 am

### ATTENTION SENIORS

Those of you who do receive our Newsletter and are not actively participating at Hasselbring, please come in occasionally and get involved, and scan your card. We have helpful information that will keep you informed. We really do want to see you here !!!

### WATER DISTRIBUTION SITE

Hasselbring Senior Center is a water resource site serve as a one-stop location where residents can pick up all of the resources such as:  
Bottle Water, Filters  
Replacement Cartridges,  
Water Recycle Information.  
Hours for pick up will be Monday-Friday  
9:00 am— 3:30 pm

### From the Office Desk!!!

#### Calling all Seniors to Participate

Senior Winter Games of Genesee County is in need of seniors who are willing to volunteer to assist at event sites. If you are interested in volunteering, please contact Melinda Soper at Swartz Creek Senior Center 810-635-4122 or Misty Moen at Grand Blanc Senior Center 810- 695-3202

#### 39th Annual Senior Winter Games

Registration: November 7, 2016 to JANUARY 23, 2017

Games: January 30, 2017 to February 23, 2017

Registration fee: \$12.00 includes an unlimited number of events, banquet, and t-shirt.

#### events include:

Pie eating, Bowling, Jigsaw Puzzle, Spades, Soft ball toss shuffleboard, Baking, Fitness Walk, Free throw, Lawn bowling, Soccer-free kick, cribbage, Euchre, Pinochle, Sudoku, Darts, Bean bag toss, Pickle ball, Volleyball Archery, Frisbee toss, Pool

Hand Knee Foot, Line dancing, Karaoke, Arts& crafts Dominoes (Mexican Train), Trivia Game, Miniature Golf.

Please call and tell a friend to join us for our Weekly events

Hasselbring is also looking for Seniors to Come to the center for various activities.

Monday – Friday 8:00- 4:30 PM.

We will also be registering Seniors for Hasselbring Senior Center Membership.

### NO COMPUTER CLASS UNTIL FEB. 1, 2017

#### MICAFE PROGRAM

MICHIGAN'S CO ORDINATED ACCESS FOOD  
FOR THE ELDERLY  
PRESENT

A program of Elder Law of Michigan that provides benefit application assistance to seniors age 60 and older, helping them make ends meet and put healthy food on their table.

Call the center to set up an appointment with our representative for certification and recertification.

810-766-9516

Mon	Tues	Wed	Thurs	Fri
<p>2.</p> <p style="text-align: center;"><b>Closed Holiday</b></p>	<p>3.</p> <p>8:30-4:30 Billiards 8:30-4:30 Checkers 8:30-4:30 Jigsaw Puzzle 9:00-10:00 Tai Chi 10:00-11:30 Bingo 10:00-12:00 Bible Study 11:30-4:30 Spades 1:00-4:30 Dominoes 2:00-4:15 Hustle Class</p> <p style="text-align: center;">Char grilled Chicken</p>	<p>4.</p> <p>8:30-4:30 Billiards 8:30-4:30 Checkers 8:30-4:30 Jigsaw Puzzle 9:00-10:00 Enhanced Fitness 10:00-11:30 Bingo 10:00-12:00 Computer 11:30-4:30 Spades 1:00-4:30 Dominoes</p> <p style="text-align: center;">Pork Ham Patty</p>	<p>5.</p> <p>8:30-4:30 Billiards 8:30-4:30 Checkers 8:30-4:30 Jigsaw Puzzle 10:00-11:30 Bingo 10:00-12:00 Computer 11:30-4:30 Spades 12:30-2:00 Arts &amp; Crafts 1:00-4:30 Dominoes 1:00-4:30 Bid Whiz</p> <p style="text-align: center;">Beef Sirloin Tips</p>	<p>6.</p> <p>8:30-4:30 Billiards 8:30-4:30 Checkers 8:30-4:30 Jigsaw Puzzle 9:00-10:00 Enhance Fitness 10:00-11:30 Bingo 10:00-12:00 Computer 11:30-4:30 Spades 1:00-2:00 Ballroom 1:00-3:00 Chess 1:00-4:30 Dominoes</p> <p style="text-align: center;">Baked Mac N. Cheese</p>
<p>9.</p> <p>8:30-4:30 Billiards 8:30-4:30 Checkers 8:30-4:30 Jigsaw Puzzles 9:00-10:00 Enhanced Fitness 10:00-11:30 Bingo 11:00-2:00 Sewing 11:30-4:30 Spades 1:00-4:30 Dominoes 2:00-4:15 Hustle Class</p> <p style="text-align: center;">Chicken Parmesan</p>	<p>10.</p> <p>8:30-4:30 Billiards 8:30-4:30 Checkers 8:30-4:30 Jigsaw Puzzle 9:00-10:00 Tai Chi 10:00-11:30 Bingo 10:00-12:00 Bible Study 11:30-4:30 Spades 1:00-4:30 Dominoes 2:00-4:15 Hustle Class</p> <p style="text-align: center;">Beef Pasty</p>	<p>11.</p> <p>8:30-4:30 Billiards 8:30-4:30 Checkers 8:30-4:30 Jigsaw Puzzle 9:00-10:00 Enhanced Fitness 10:00-11:30 Bingo 10:00-12:00 Computer 11:30-4:30 Spades 1:00-4:30 Dominoes</p> <p style="text-align: center;">Marinated Turkey</p>	<p>12.</p> <p>8:30-4:30 Billiards 8:30-4:30 Checkers 8:30-4:30 Jigsaw Puzzle 10:00-11:30 Bingo 10:00-12:00 Computer 11:30-4:30 Spades 12:30-2:00 Arts &amp; Crafts 1:00-4:30 Dominoes 1:00-4:30 Bid Whiz</p> <p style="text-align: center;">Beef Barley Soup</p>	<p>13.</p> <p>8:30-4:30 Billiards 8:30-4:30 Checkers 8:30-4:30 Jigsaw Puzzle 9:00-10:00 Enhance Fitness 10:00-11:30 Bingo 10:00-12:00 11:30-4:30 Spades 1:00-2:00 Ballroom 1:00-3:00 Chess 1:00-4:30 Dominoes</p> <p style="text-align: center;">Stuffed Peppers</p>
<p>16.</p> <p style="text-align: center;"><b>Closed Holiday</b></p>	<p>17.</p> <p>8:30-4:30 Billiards 8:30-4:30 Checkers 8:30-4:30 Jigsaw Puzzle 9:00-10:00 Tai Chi 10:00-11:30 Bingo 10:00-12:00 Bible Study 11:30-4:30 Spades 1:00-4:30 Dominoes 2:00-4:15 Hustle Class</p> <p style="text-align: center;">Turkey Terazzini</p>	<p>18.</p> <p>8:30-4:30 Billiards 8:30-4:30 Checkers 8:30-4:30 Jigsaw Puzzle 9:00-10:00 Enhanced Fitness 10:00-11:30 Bingo 10:00-12:00 Computer 11:30-4:30 Spades 1:00-4:30 Dominoes</p> <p style="text-align: center;">Country Style Chicken</p>	<p>19.</p> <p>8:30-4:30 Billiards 8:30-4:30 Checkers 8:30-4:30 Jigsaw Puzzle 10:00-11:30 Bingo 10:00-12:00 Computer 11:30-4:30 Spades 12:30-2:00 Arts &amp; Crafts 1:00-4:30 Dominoes 1:00-4:30 Bid Whiz</p> <p style="text-align: center;">Pot Roast w/ Gravy</p>	<p>20.</p> <p>8:30-4:30 Billiards 8:30-4:30 Checkers 8:30-4:30 Jigsaw Puzzle 9:00-10:00 Enhance Fitness 10:00-11:30 Bingo 10:00-12:00 Computer 11:30-4:30 Spades 1:00-2:00 Ballroom 1:00-3:00 Chess 1:00-4:30 Dominoes</p> <p style="text-align: center;">Alaskan Polluck</p>
<p>23.</p> <p>8:30-4:30 Billiards 8:30-4:30 Checkers 8:30-4:30 Jigsaw Puzzles 9:00-10:00 Enhanced Fitness 10:00-11:30 Bingo 11:00-2:00 Sewing 11:30-4:30 Spades 1:00-4:30 Dominoes 2:00-4:15 Hustle Class</p> <p style="text-align: center;">Chicken Cordon</p>	<p>24.</p> <p>8:30-4:30 Billiards 8:30-4:30 Checkers 8:30-4:30 Jigsaw Puzzle 9:00-10:00 Tai Chi 10:00-11:30 Bingo 10:00-12:00 Bible Study 11:30-4:30 Spades 1:00-4:30 Dominoes 2:00-4:15 Hustle Class</p> <p style="text-align: center;">Beef Dippers</p>	<p>25.</p> <p>8:30-4:30 Billiards 8:30-4:30 Checkers 8:30-4:30 Jigsaw Puzzle 9:00-10:00 Enhanced Fitness 10:00-11:30 Bingo 10:00-12:00 Computer Class 11:30-4:30 Spades 1:00-4:30 Dominoe</p> <p style="text-align: center;">Turkey Polish</p>	<p>26..</p> <p>8:30-4:30 Billiards 8:30-4:30 Checkers 8:30-4:30 Jigsaw Puzzle 10:00-11:30 Bingo 10:00-12:00 Computer 11:30-4:30 Spades 12:30-2:00 Arts &amp; Crafts 1:00-4:30 Dominoes 1:00-4:30 Bid Whiz</p> <p style="text-align: center;">Chicken Pot Pie</p>	<p>27.</p> <p>8:30-4:30 Billiards 8:30-4:30 Checkers 8:30-4:30 Jigsaw Puzzle 9:00-10:00 Enhance Fitness 10:00-11:30 Bingo 10:00-12:00 Computer 11:30-4:30 Spades 1:00-2:00 Ballroom 1:00-3:00 Chess 1:00-4:30 Dominoes</p> <p style="text-align: center;">Vegetable Lasagna</p>
<p>30..</p> <p>8:30-4:30 Billiards 8:30-4:30 Checkers 8:30-4:30 Jigsaw Puzzles 9:00-10:00 Enhanced Fitness 10:00-11:30 Bingo 11:00-2:00 Sewing 11:30-4:30 Spades 1:00-4:30 Dominoes 2:00-4:15 Hustle Class</p> <p style="text-align: center;">Breaded Ravioli</p>	<p>31..</p> <p>8:30-4:30 Billiards 8:30-4:30 Checkers 8:30-4:30 Jigsaw Puzzle 9:00-10:00 Tai Chi 10:00-11:30 Bingo 10:00-12:00 Bible Study 11:30-4:30 Spades 1:00-4:30 Dominoes 2:00-4:15 Hustle Class</p> <p style="text-align: center;">Beef Liver w/gravy</p>			<p style="text-align: center;"><b>Happy New Year Eve</b></p>

## OUR MISSION

### MISSION STATEMENT

The Mission of the Hasselbring Senior Center is to provide programs, activities, and services to promote health, safety, and dignity enabling them to remain independent in the community.

### ACTIONS TO STAY HEALTHY.

For emergency preparedness information, visit the Genesee County Health Department on the web at [www.gchd.us](http://www.gchd.us).

THIS PROGRAM AND/OR SERVICE IS FULLY OR PARTIALLY FUNDED BY  
GENESEE COUNTY SENIOR MILLAGE FUNDS. YOUR TAX DOLLARS ARE AT  
WORK!

**The Hasselbring Senior Center**  
1002 W. Home Avenue  
Flint, Michigan 48505