

# White City Hotel Hike

Saturday, May 13, 2017



Ready for a cardio-fat burner? This is the famous Sam Merrill Trail to Echo Mountain. Great scenic views, well defined trail and a work out for sure. This part of the hike will take us to remnants of the Mt. Lowe Railroad and the "White City Hotel." We will stop here for a few pictures and give those who have had enough the opportunity to gather their thoughts while we continue hiking to top.

**For those who want to drive:** Altadena (North of Pasadena), on the corner of Lake Avenue and Loma Alta Drive. From I-210 in Pasadena, take the Lake Avenue exit and head north (left, if you are coming from the west, right if from the east) and go 3.6 miles to where Lake Avenue meets Loma Alta Drive. Park on or near the corner.

You can also meet us on the corner of Lake Avenue & Loma Alta Drive, which will be the entrance to the park, marked by a pair of majestic gates.

## **Carpooling or Following:**

We will depart from 4700 Angeles Vista Blvd, LA CA 90043. Arrive no later than 7:15am. There is Carpool Space for 7 people.

About Echo Mt. Hike:

Start Time: 8:00 am Finish Time: noon	Agency: Angeles National Forest, Los Angeles River District
Difficulty Rating: PG-13	Distance: 2.7 miles one way so 5.4 miles total
Suggested time: 2 hours +	Elevation gain: 1,400 feet
Items to bring: hiking boots, hat, sunscreen, sunglasses, plenty of water, light snacks	

We will take this hike at a moderate pace as we start to pump up the volume. This hike require a bit of stamina so be prepared to get your cardio burn on. See you Saturday!